

Sophia Foundation  
The Earthstar School of Choreocosmos and Sacred Dance  
Presents

# Love is the Foundation for the Future

## The Foundation Stone of Love

A Cosmic Meditation  
in Sacred Dance

March 3 - 5, 2017

A weekend workshop

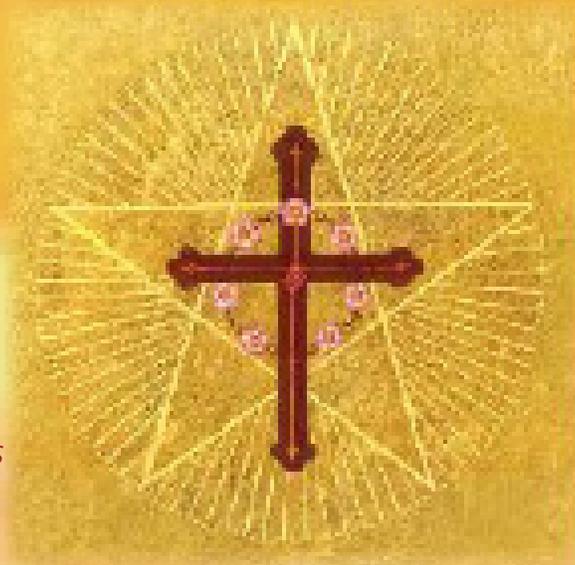
given by

Karen Rivers, PhD

AUTHOR OF *LOVE AND THE  
EVOLUTION OF CONSCIOUSNESS*

with pianist

Marcia Burchard



O Light divine!

O Sun of Christ!

Warm Thou our hearts,  
Enlighten Thou our heads,  
That good may become  
What from our hearts we  
would found  
And from our heads we  
direct  
With single purpose.

Rudolf Steiner was called to inaugurate the Grail Mystery anew in the twentieth century, the culmination of which took place on Christmas day in the year 1923, when he gave the Foundation Stone Meditation at the Founding of the Anthroposophical Society. Through this deed a seed was sown creating the possibility for the whole world to become a temple, wherever human souls live and work out of the Foundation Stone's power. The "Stone" refers to the sacred stone of love (a symbol for the Holy Grail), which embodies the Mystery of Christ. It was laid into the substance out of which a new earth is to be born.

Rudolf Steiner spoke of the ideal human "I" toward which we strive as the stone which, in the form of the dodecahedron, must now be present in the souls of human beings who seek to participate in the Mystery of Christ, working to build the foundation of Love on the earth. The endeavor of human beings to bring this meditation to realization within themselves constitutes a step toward building a foundation of love within oneself and the relationships in which one engages, by awakening spiritual memory, spiritual awareness, and spiritual vision.

We will learn sacred gestures and forms to work with the Foundation Stone Meditation in movement to music by Cesar Franck. These gestures and forms can be practiced independently at home, offering a meaningful enrichment to one's daily life. Singing, conversation and presentations on the theme will complement the sacred dance.

Come and join us dancing, singing, and exploring these profound mysteries.

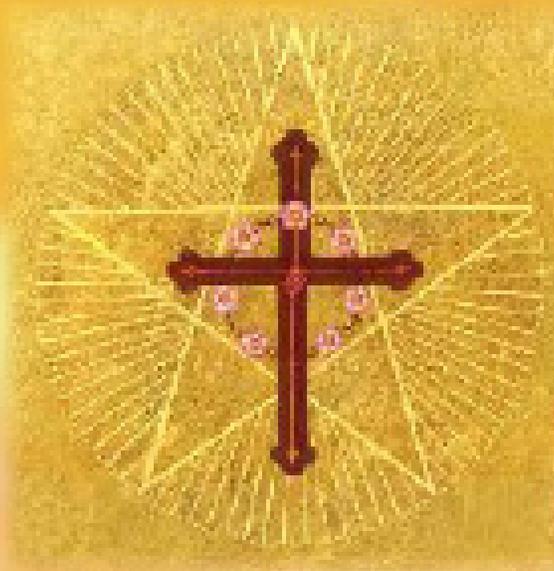
Location: Sophia's Sanctuary, 2836 Bloomfield Road, Sebastopol, CA

Registration Information on page 2.

**Karen Rivers, Ph.D** dedicates her work to re-establishing the inherent harmony of each human being with the cosmos, with the Earth, and with the deepest core of one's being through private initiatives, work with the Sophia Foundation, Director of the New Chartres Academy, and as a member of The Wisdom School of Graduate Studies faculty. She lectures, consults, and offers courses in Human Consciousness and the deepening of one's spiritual life and inner transformation. Her book, *Love and the Evolution of Consciousness: a Study on the Transformation of the Human Soul, Double, and Spirit*, is available through Steiner Books. Karen co-founded, with Robert Powell, the Sophia Foundation, founded Chrysalis Productions, a community theater company for adults and children, and founded the Rosamira Circle, dedicated to the unity of all religions.

Ex Deo Nascimur.  
In Christo Morimur.  
Per Spiritum Sanctum  
reviviscimus.

From the Divine  
we are born  
In Christ death  
becomes new life  
Through the Holy  
Spirit we awaken



**Marcia Burchard**, concert pianist and composer, will accompany sacred dance, singing, and the Sophia Grail Celebrations. Marcia composes and arranges sacred music and has accompanied Choreocosmos since 1997. She received a grant to compose and present the opera Innana about the Sumerian goddess. She has composed music for Parzival and the Mystery of Love, for Chrysalis Productions.

#### PROGRAM

Friday, March 3	7:30 - 9:00 p.m.	The Stone of the Foundation and Human Karma
Saturday, March 4	9:30 -10:45 a.m.	Foundation Stone Meditation in Sacred Dance
	11:15 -12:30 p.m.	The Pentagram and the Sun of Christ
	1:30 - 2:30 p.m.	Singing: Ex Deo Nascimur
	2:45 - 3:45 p.m.	Conversation
	4:00 - 5:00 p.m.	Foundation Stone Meditation in Sacred Dance
Sunday, March 5	7:00 - 9:00 p.m.	Sophia Grail Circle - The Beatitudes of Christ
	9:30 -12:00 noon	The Dodecahedron lays Hope for the Future and Foundation Stone Celebration

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Foundation Stone Workshop fee: \$200. before Feb. 1 / \$250 after.

Meals include lunch and dinner on Saturday, and snacks throughout the workshop \$37

To reserve a place at the workshop send contact info and \$50 deposit by February 1

To Linda Delman, 2836 Bloomfield Road, Sebastopol, Ca. 95472

— Please make checks payable to: Sophia's Sanctuary —

For directions, information, meals, housing - Email: [lindaevansdelman@comcast.net](mailto:lindaevansdelman@comcast.net)

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