

# ***Cosmic Dances: “The Seven Last Words from the Cross—In Preparation for the Descent to Shambhala”***

**With Cosmic & Sacred Dance—Planets in the Signs of the Zodiac  
International Choreocosmos Week: Sixteenth Graduation  
Workshop with Robert Powell. Saturday 22 July to Friday 28 July 2017  
A one week experiential course—all are welcome—and also graduation of  
Choreocosmos students—at the Spa Hotel CASA DI SALUTE RAPHAEL,  
RONCEGNO near TRIENT/TRENTO, ITALY  
Musical accompaniment by concert pianist Alla Fastovskaja**



Our intention with this workshop is to gather together to serve as a spiritual bridge, to bridge the time of Christ's first coming some two thousand years ago and the time of his second coming now—during which his descent to the Mother and his opening of the path to her realm, Shambhala, at the heart of the earth is taking place. The time of the second coming began around 1933 and will last for some 2,500 years. It is not a return in physical form but, rather, in spiritual form, in the etheric realm of the earth, within the earth's etheric aura permeated with the life forces of Mother Earth—permeating the whole of Nature and extending out into the cosmos as far as the Moon's orbit, and reaching down into the Earth's interior all the way to the heart of the earth, to the golden realm of Shambhala at the earth's center. Our spiritual work will be to serve as heralds to the kingdoms of Nature on the one hand—letting Nature's realm know and experience, through ourselves, more about the great spiritual event of the second coming—and on the other hand to work more intensively in conjunction with the angelic realm. For the Angels are now active, making preparation for the events that are soon to unfold in connection with the second coming. The last words spoken by Christ in the flesh, the seven sayings from the cross, were—and still are—keys to prepare us for the opening of seven gates within the Earth's interior. They relate to seven distinct layers on the path of descent to Shambhala.

## Daily Program

From Saturday, 22 Jul to Friday, 28 July

The program starts on Saturday with dinner at 7 pm followed by an Overview.

9.00 - 10.45 am Cosmic Dance  
11.15 - 12.30 pm Study/Conversation  
3.00 - 4.15 pm Study/Conversation  
4.45 - 6.00 pm Cosmic Dance

The program will end Thursday at 10 pm.

There will be a program (Sophia Grail Circle) on some evenings, 8.30-10.00 pm.

See separate program for 28-30 July

**Note:** Please bring suitable, light, soft-soled shoes if you are participating in the Eurythmy/Cosmic Dance, or Eurythmy shoes if you already have them.

**Live piano music for the entire course will be played by Russian pianist Alla Fastovskaja.**

This course is open to everyone.

**Accommodation** is provided as registrations are received. Early registration is advisable. A place will be reserved upon receipt of the registration form—see details below, also regarding **Costs**.

English and German, with translation into Italian by Uberta Sebregondi. The arrangement with three languages (English, German, Italian) is a step toward bridging cultures in a cosmopolitan way. The language of Cosmic Dance is universal—expressed through eurythmic movement and gesture (the Greek word Eurythmy signifies “harmonious movement”)—a cosmic language. **28-30 July 2017 Choreocosmos Graduates Gathering—“Foundations of Choreocosmos: The Sophia School”**

(English/German with Italian translation).

[See separate announcement concerning the *Choreocosmos Graduates Gathering, 28-30 July 2017*]

**Choreocosmos** – from the Greek meaning cosmic dance:

- Comprises dancing the patterns of the starry heavens and also movement to sacred texts, prayers, and liturgies
- Derives from the cosmic aspects of eurythmy, an art form introduced to the world by Rudolf Steiner during the first quarter of the twentieth century, bringing to expression – through movement and gesture – the invisible life forces of the cosmos and nature
- Awakens healing rhythms and harmonies through the gestures and forms of eurythmy
- Attunes participants to the cosmic dimension of Divine Love and Divine Wisdom, offering a path toward spiritual awakening and cultivating an awareness of the weaving together of the holy substance of Love and the divine essence of Wisdom foundational to all creation

In eurythmy we are renewing the primeval temple dance of the Mysteries, mirroring the dance of the stars...of that which was spoken...from heaven down to human beings. One must once again discover...the essence of spiritual knowledge. ~Rudolf Steiner

**Live Music** uplifting and healing mind and body

## INTERNATIONAL CHOREOCOSMOS WEEK CASA DI SALUTE RAPHAEL, RONCEGNO, ITALY Saturday 22 July – Friday 28 July 2017

Located in the Trentino Alps, about ½ hour south-east of Trient/Trento, the Casa di Salute Raphael is a spa hotel which is responsible for the medicinal application of the famous Levico water spoken of by Rudolf Steiner as being imbued with cosmic forces. The medical doctors running the hotel work on the basis of Rudolf Steiner’s indications, and therapies include eurythmy, massage, bathing in the Levico water, etc. The hotel is in a beautiful location and has a large hall suitable for cosmic dance.

After arriving at Casa di Salute on Saturday, 22 July, dinner will be at 7:00 PM, followed by introductions and an outline/overview of the program for the week. Departure after breakfast on the morning of Friday, 28 July 2017.

### **DAILY PROGRAM FROM 23–27 JULY 2017**

(In English and German, with translation into Italian by Uberta Sebregondi)

8:00 AM	Breakfast
9:00 AM	Morning Meditation in Eurythmy and other Meditations
9:30 AM	Cosmic Dances—"The Seven Last Words from the Cross & the Seven Planets"
10:45 AM	Break
11:15 AM	The Opening—through Christ's Second Coming—of the Path to Shambhala
12:30 PM	Break
1:00 PM	Lunch
2:00 PM	Break
3:00 PM	The Mystery of Golgotha and the Descent to Shambhala
4:15 PM	Break
4:45 PM	Cosmic Dances—"The Seven Last Words from the Cross & the Seven Planets"
6:00 PM	Break
7:00 PM	Dinner
8:30 PM	Celebration/Musical Meditation (on some evenings)

Last day of 5-day seminar, Thursday, 27 July, a graduation ceremony will take place. Cosmic Dance classes (morning & afternoon) will be taught by Robert Powell, working with the seven planets in the twelve zodiacal signs/constellations to bring to expression the honoring of Christ's sacrifice on Golgotha in relation to his Second Coming in our time, giving birth to a new culture based on Divine Love and Mercy. On some evenings at 8:30 PM there will be celebrations/meditations with music.

**Robert Powell, PhD** is an internationally known lecturer, author, eurythmist and movement therapist. He is founder of the Choreocosmos School of Cosmic and Sacred Dance, and cofounder of the Sophia Foundation of North America. He received his doctorate from the Polish Academy of Sciences for his thesis on the *History of the Zodiac*, now available as a book from Sophia Academic Press. His published works include: *The Sophia Teachings*, a six-tape series (Sounds True Recordings), as well as the following books: *Divine Sophia-Holy Wisdom*, *The Most Holy Trinosophia*, *The Sophia Teachings*, *The Mystery*, *Biography*, and *Destiny of Mary Magdalene*, *Elijah Come Again*, *Chronicle of the Living Christ*, *Hermetic Astrology* volumes 1 & 2, *The Star of the Magi and the Life of Christ*, *The Christ Mystery*, *The Sign of the Son of Man in the Heavens*, *Prophecy-Phenomena-Hope* and *Cultivating Inner Radiance & the Body of Immortality*. Robert is co-author with Kevin Dann of *Christ and the Maya Calendar* and *The Astrological Revolution*, with Lacquanna Paul of *Cosmic Dances of the Zodiac* and *Cosmic Dances of the Planets*, and with Estelle Isaacson of *Gautama Buddha's Successor* and *The Mystery of Sophia*. He is also the editor of the yearly *Journal for Star Wisdom* [the 2017 issue contains two articles by Robert and many articles of interest by other authors, and also includes a daily star ephemeris—planetary movements (geocentric & heliocentric)—with commentaries]. He translated the spiritual classic *Meditations on the Tarot* and co-translated Valentin Tomberg's *Lazarus, Come Forth!* He teaches a gentle form of healing movement: the sacred dance of eurythmy (Greek: *harmonious movement*) as well as the cosmic dances of the planets and signs of the zodiac. Through the Sophia Grail Circle he facilitates sacred celebrations dedicated to the Divine Feminine. Robert offers workshops in Europe and elsewhere. With Karen Rivers, cofounder of the Sophia Foundation, he leads pilgrimages to sacred sites (1996 Turkey; 1997 Holy Land; 1998 France; 2000 Britain; 2002 Italy; 2004 Greece; 2006 Egypt; 2008 India; 2009 Turkey; 2010 Grand Canyon; 2012 South Africa; 2014 Peru; 2016 Holy Land; 2018 a pilgrimage to Bali is planned).  
Websites: [www.sophiafoundation.org](http://www.sophiafoundation.org) / [www.astrogeographia.org](http://www.astrogeographia.org) / [www.steinerbooks.org](http://www.steinerbooks.org) -  
<http://steiner.presswarehouse.com/Books/SearchResults.aspx?str=Robert+Powell>

**Italian translations of Robert Powell's books:** *Astrologia Ermetica, vol. 1 & 2, Le Genealogie di Gesù, Cronaca della vita di Cristo and other works* available from Estrella de Oriente, Via della Villa 109 - 38052 Caldonazzo (TN), Italy. Tel. from outside of Italy: +39-0461-172-8010. Tel. within Italy: 0461-172-8010, E-mail: [info@estrelladeoriente.it](mailto:info@estrelladeoriente.it) Website: [www.estrelladeoriente.it](http://www.estrelladeoriente.it)

**COSTS OF THE INTERNATIONAL CHOREOCOSMOS WEEK**  
**[see D, E, F, G below for costs of the Choreocosmos Graduates Gathering]**

**A: COST OF COURSE INCLUDING ACCOMMODATION FOR SIX NIGHTS (22-28 JULY) AND ALL MEALS AT CASA DI SALUTE RAPHAEL:**

**830 Euro double room; 890 Euro single room**

**B: COST OF INDIVIDUAL MEALS AT CASA DI SALUTE RAPHAEL:**

**30 Euro per meal**

**C: COST OF COURSE WITHOUT ACCOMMODATION AND WITHOUT MEALS:**

**350 Euro**

**PLEASE SEND YOUR REGISTRATION BY 30 JUNE 2017. DEPENDING UPON THE NUMBER OF PARTICIPANTS, A REDUCTION IN COST MAY BE POSSIBLE FOR EARLY REGISTRATION. A PLACE WILL BE RESERVED FOR YOU UPON RECEIPT OF THE REGISTRATION FORM**

**IF YOU HAVE FURTHER QUESTIONS, PLEASE PHONE OR EMAIL SALLY ELLIS-JONES,  
MOBILE PHONE: +39-348-210-6251 [country code for Italy: 39]  
EMAIL: [sally.ellis.jones@gmail.com](mailto:sally.ellis.jones@gmail.com)**

**REGISTRATION FORM  
INTERNATIONAL CHOREOCOSMOS WEEK  
22 JULY – 28 JULY 2017**

**Name:**

**Address:**

**Phone number, Email:**

**Cost (please indicate A, B or C):**

**Reduced cost for registrations received by 30 June may be possible:**

**Total:**

**Amount due on 22 July:**

*Please send your registration form to: Sally Ellis-Jones, Email: [sally.ellis.jones@gmail.com](mailto:sally.ellis.jones@gmail.com)  
Via della Polla 44, 38052 Caldonazzo (TN), Tel: +39-0461-724893 Cell: +39-348-210-6251*

**[see D, E, F, G below for costs of the Choreocosmos Graduates Gathering – see also separate announcement regarding the Choreocosmos Graduates Gathering]**

**COSTS FOR THE CHOREOCOSMOS GRADUATES GATHERING**

**IF YOU ARE ATTENDING THE CHOREOCOSMOS WEEK (22-28 JULY) – OR IF YOU ARE NOT ATTENDING THE CHOREOCOSMOS WEEK AND ARE STAYING AT CASA DI SALUTE RAPHAEL FOR TWO NIGHTS (28-30 JULY) – SEE D.**

**IF YOU ARE NOT ATTENDING THE CHOREOCOSMOS WEEK AND ARE STAYING FOR THREE NIGHTS AT CASA DI SALUTE RAPHAEL (27-30 JULY) – SEE E.**

**D: COST OF COURSE INCLUDING ACCOMMODATION FOR TWO NIGHTS AND ALL MEALS AT CASA DI SALUTE RAPHAEL:**

**260 Euro double room; 280 Euro single room**

**E: COST OF COURSE INCLUDING ACCOMMODATION FOR THREE NIGHTS AND ALL MEALS AT CASA DI SALUTE RAPHAEL:**

**340 Euro double room; 370 Euro single room**

**F: COST OF INDIVIDUAL MEALS AT CASA DI SALUTE RAPHAEL:**

**30 Euro per meal**

**G: COST OF COURSE WITHOUT ACCOMMODATION AND WITHOUT MEALS:**

**100 Euro**

**IF YOUR REGISTRATION IS RECEIVED BY 30 JUNE 2017, DEPENDING UPON THE NUMBER OF PARTICIPANTS, THERE MAY POSSIBLY BE A REDUCTION FOR EARLY REGISTRATIONS. A PLACE WILL BE RESERVED FOR YOU UPON RECEIPT OF THE REGISTRATION FORM.**

**IF YOU HAVE FURTHER QUESTIONS, PLEASE PHONE OR EMAIL SALLY ELLIS-JONES,**

**MOBILE PHONE: +39-348-210-6251 [country code for Italy: 39]**

**EMAIL: [sally.ellis.jones@gmail.com](mailto:sally.ellis.jones@gmail.com)**

**REGISTRATION FORM  
CHOREOCOSMOS GRADUATES GATHERING  
28-30 JULY 2017**

**Name**

**Address**

**Phone number, Email**

**Cost (please indicate D, E, F or G):**

**Reduced cost for registrations received by 30 June may be possible:**

**Total:**

**Amount due on 28 July:**

*Please send your registration form to: Sally Ellis-Jones, Email: [sally.ellis.jones@gmail.com](mailto:sally.ellis.jones@gmail.com)  
Via della Polla 44, 38052 Caldonazzo (TN), Tel: +39-0461-724893 Cell: +39-348-210-6251*