

*ATTUNING TO THE STARS:  
STAR-GAZING AS A SPIRITUAL PATH—THE SIRIUS MYSTERY*

**Seminar with Dr. Robert Powell**

**Sunday, 2 July – Friday, 7 July 2017**

Four full days: Monday-Thursday; arrival Sunday, 2 July for dinner; departure Friday, 7 July after  
breakfast

**Castle Titignano - 05018 Orvieto (TR), Italia**

**Musical accompaniment by violinist Sabina Morelli**

**English/German – with translation into Italian by Uberta Sebregondi**

During this seminar, Robert Powell will present some new research findings, especially relating to the year 2017, opening a path through which we can reconnect with the cosmic and spiritual dimensions of what is taking place in the world at the present time. The focus of Robert's research about the significance of 2017 is related cosmically to the entrance of Saturn into Sagittarius and the three conjunctions of Saturn with the Galactic Center (2° Sagittarius) during 2017, bearing in mind also that Saturn was in conjunction with the Galactic Center at the death and assumption on 15 August AD 44 of the Virgin Mary. The year 2017 is also the one hundredth anniversary of the Bolshevik revolution, which had such a devastating effect upon the world—an effect that to a high degree shaped the course of the twentieth century. In addition, against the background of cosmic events we shall also look at significant changes in the world in our time due to the new political configuration of the western world.

Moreover, on Thursday, July 6, 2017, the Sun will be aligned in conjunction with the star Sirius, concerning which Rudolf Steiner indicated: *“On Sirius one hears everything that people think. Sirius is the heart of Jesus-Zarathustra and is in the depths of the Earth. Sirius is the world-thought which Christ produces out of his heart—therefore it is to be found within the Earth.”* He drew a curve to represent the Earth and wrote upon it, *“Metabolism and fulfillment”* as though the thoughts issuing from the heart of Christ—that is, from the Sun—are sent through Sirius to the center of the Earth, where they attain their fulfillment by means of metabolism. These words of Rudolf Steiner were recorded by Johanna von Keyserlingk in *The Birth of a New Agriculture: Koberwitz 1924* (edited by A. Keyserlingk; Temple Lodge Press: London, 1999), pp. 89-90. We shall endeavor to come to a deeper spiritual understanding of these words and of the relationship of Master Jesus (Zarathustra) to the star Sirius, the brightest star in the heavens, and of the relationship of Sirius to the center of the Earth.

#### **Attuning to the Stars**

At Castle Titignano we have beautiful conditions for star gazing, which we shall practice with the goal of developing a modern path of the magi to find the spirit in the universe. Moreover, thanks to Rudolf Steiner's clairvoyance, eurythmy originated, through which we have received the gestures and sounds corresponding to each planet and zodiacal sign. These gestures open gates of access to cosmic forces. We shall explore the star mysteries through star-gazing and consciously reconnect—through the archetypal gestures and sounds of the cosmic dance of eurythmy—to the heavenly bodies and their spiritual forces, bringing harmony into ourselves and our surroundings, by dancing to violin music the cosmic dances of the planets in the signs of the zodiac, according to what we see in the starry heavens through star-gazing.

**The inspired movements of cosmic dance allow vital currents of life forces to flow inside and around us. One could consider sacred and cosmic dance as meditation in movement, leading to a connection with the highest aspects of the cosmos manifesting through the planets and the signs of the zodiac.**

*Robert Powell* is an internationally known lecturer and author. He was awarded a PhD by the Polish Academy of Sciences for his thesis on the history of the zodiac. In 1982 he completed the training in

eurythmy at the Goetheanum in Dornach (Switzerland). He is a co-founder of the Sophia Foundation and he is also founder of the Choreocosmos School—the School of Cosmic and Sacred Dance. Visit the websites: [www.sophiafoundation.org](http://www.sophiafoundation.org) / [www.astrogeographia.org](http://www.astrogeographia.org) / <http://steinerbooks.org/Books/SearchResults.aspx?str=robert+powell> / [www.choreocosmos.info](http://www.choreocosmos.info) (German)

*See daily program and workshop details below*

*Further information is available from:*

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from Europe: 0039-335-6749935. Email: [usebregondi@gmail.com](mailto:usebregondi@gmail.com)

**COST OF COURSE WITHOUT ACCOMODATION AND WITHOUT MEALS:  
EUR 280**

**Full payment of the course fee due on July 3**

*Please send your registration for the course to Uberta Sebregondi,  
Email: [usebregondi@gmail.com](mailto:usebregondi@gmail.com)*

**Uberta Sebregondi, via Fonte di Fauno 20, 00153 Roma, Italy**

**Mobile phone: +39-335-6749935 / Home tel: +39 06-86904627 [+39 = code for Italy]**

### *Daily Program*

The seminar begins with dinner on Sunday evening, 2 July, at 19:00 followed by an overview of

the week. For those who are interested to read about Christ's healing water discovered in the 1950's at the Sanctuary (Santuario) of Collevaenza—about 45 minutes drive from Titignano—see Robert's description on pages 10-24 of the Advent (fall) 2013 issue of *Starlight*, available as a PDF free download: [http://sophiafoundation.org/images/stories/Documents/starlight\\_advent%202013.pdf](http://sophiafoundation.org/images/stories/Documents/starlight_advent%202013.pdf)

[If this link does not work, go to [www.sophiafoundation.org](http://www.sophiafoundation.org) and click "Activities" then "Starlight"]

05:30 Stargazing (optional) & Morning Meditation in Nature with movement

08:00 Breakfast

09:00 Morning Meditation with movement

09:30 Cosmic Dances of the Planets in the Zodiacal Signs

11:00 Lecture Series: Attuning to the Stars

13:00 Lunch

15:00 Lecture Series: Star-Gazing as a Spiritual Path

16:30 Cosmic Dances of the Planets in the Zodiacal Signs

18:00 Break

19:00 Dinner  
20:30 Star-gazing OR Celebration/Meditation with music

The seminar ends on Thursday evening, 6 July, at 22:00 after the closing musical meditation/celebration that evening. Departure after breakfast on Friday, 7 August.

*See information below for details concerning accommodation and travel*

## ACCOMMODATION

Titignano is an ancient village/castle entirely renewed, on the top of a hill situated in Umbria, 30 km from the beautiful Orvieto cathedral, 20 km from Todi. The buildings have been carefully renovated. The terrace of the village, and the swimming pool below, are widely open to the south, overlooking the valley and the lake. website: [http://www.titignano.com/gb/titignano\\_ristorante.html](http://www.titignano.com/gb/titignano_ristorante.html)

**The all-inclusive costs for our group have been agreed upon as follows:**

All inclusive package of 5 nights with full board:

SINGLE ROOM EURO 380.00 PER PERSON

DOUBLE ROOM EURO 315.00 PER PERSON

MULTIPLE ROOM EURO 250.00 PER PERSON

Please note that the Municipality of Orvieto applies a tourist tax to everyone staying at Titignano (EUR 2.20 per person per day), not included in the prices listed above.

**Reservations accepted only if confirmed upon deposit of Euro 50.00 per person**, to be sent via bank transfer to—**IBAN: IT13D0616002802100000000256**

**TITIGNANO AGRICOLA S.P.A., CASSA DI RISPARMIO DI FIRENZE, AGENZIA 2, FIRENZE—Swift/BIC: CRFIT3F148**

specifying your name, and the room chosen, if single or double or multiple.

Titignano phone, fax, and email: [info@titignano.it](mailto:info@titignano.it), Tel. +39-0763-308-000, Fax +39-0763-308-002

*Arrival on Sunday, 2 July 2017, from 2:00 pm – Departure on Friday, 7 July 2017, 10:00 am.*

*How to reach Titignano—*

**From Rome, or from Florence:**

Take the train to **Orvieto** (75 minutes)—then take a taxi (27 km; cost—approximately 45 or 50 EUR).

*SEE SEPARATE BROCHURE ([www.sophiafoundation.org](http://www.sophiafoundation.org)) FOR THE ASSISI SEMINAR FROM 7-14 JULY 2017 IMMEDIATELY FOLLOWING THE STAR-GAZING SEMINAR AT CASTLE TITIGNANO, WHICH IS LOCATED ABOUT ONE HOUR SOUTH OF ASSISI, MAKING IT EASY TO PARTICIPATE IN BOTH SEMINARS.*

**Travel by car from Titignano to Assisi, for those attending the following week (7-14 July) in Assisi:** For those attending the week 7-14 July in Assisi, it may be possible to

arrange transport with available cars traveling from Titignano to Assisi, if there is room. If there is not enough room, a possibility exists that we could reserve a minibus for the short journey from Titignano to Assisi.

**By car from Titignano to Assisi:** the journey of 72½ km takes approximately 1 hour and 10 minutes.

Leave Castle Titignano and follow the country road north-west for about 3 km. At the end of the country road, turn right and drive about 17½ km following signs for Todi. Merge onto SS3bis north toward Assisi and then, after 37 km, take exit Foligno/Assisi/Spoleto/Aeroporto—and continue onto SS75. From SS75, driving toward Foligno, after 9 km take exit Assisi—S.M. Deli Angeli Sud. After S.M. Deli Angeli, drive about 5 km up the hill to Assisi. Enter Assisi and drive to Casa Santa Elisabetta d'Ungheria, **Piazza del Vescovado 5**, which is located centrally in Assisi.