



SULLIVAN, IRIS. *Moving the Soul with Color.*

*“The spiritual state of the sun is at its most intensive in winter-time, and therefore the conditions are at the most favorable for those individuals who will to approach a deepening of the soul, which is connected with the spirit of the earth, and the spirit in general. Those who are seeking a deepening of the soul . . . the time between Christmas and New Year is the most important of all.” — R. STEINER*

## *Holy Nights~ Journey to the Mothers*

A Choreocosmos Course  
with

*Karen Rivers, PhD*  
and pianist, *Deb Hollis*

January 2-5, 2018

Eno River Unitarian Universalist Fellowship  
4907 Garrett Road Durham, NC 27707

The Holy Nights have been hallowed by human souls from time immemorial. It is a period when the Great Mother bestows special blessing upon us, as we make our yearly sojourn into Earth's hidden realms. In the Holy Nights we are born into the womb of the Mother. We descend, as soul seeds, into the earthly depths to gather the spiritual forces we will need to meet the trials that await us in the coming year.

*“And just as the seed of the plant sinks into the depths of the Earth at the time we know as Christmas, so does the human soul descend at that time into deep, deep spirit-realms, drawing strength from these depths as does the seed of the plant for its blossoming in spring. What the soul undergoes in these spirit-depths of the Earth is entirely hidden from the ordinary consciousness. But for one whose eyes of spirit are opened, the Thirteen Days and Thirteen Nights between the 24th of December and the 6th of January are a time of deep spiritual experience.” — R. STEINER*

Registration contact Karen Rivers: [karen@karenrivers.info](mailto:karen@karenrivers.info)



## DAILY PROGRAM

TUESDAY, JANUARY 2, TO FRIDAY, JANUARY 5, 2018

THE PROGRAM WILL END FRIDAY AT 5:30 P.M.

9:30 – 10:45 AM	COSMIC AND SACRED DANCE
10:45 – 11:15 AM	BREAK
11:15 – 12:30 PM	STUDY/CONVERSATION
12:30 – 1:45 PM	LUNCH
1:45 – 4:00 PM	SINGING/SACRED DRAMA
4:15 – 5:30 PM	COSMIC AND SACRED DANCE

THERE WILL BE A SOPHIA GRAIL CIRCLE

TUESDAY AND THURSDAY EVENINGS, 7:00 – 9:00 PM.

Tuesday evening: Zodiac Celebration

Thursday evening: Rose of the World

Friday morning: Zodiac Celebration w/dances

CHOREOCOSMOS, the school of Cosmic and Sacred Dance, was founded by Robert Powell, PhD, and co-founder of the Sophia Foundation, with the intention of aligning one's self harmoniously with the spiritual-cosmic world and to celebrate the relationship of the human being with the cosmos and the earth. For biographical information about Robert Powell and books he has authored see [www.sophiafoundation.org](http://www.sophiafoundation.org).

*Karen Rivers* offers courses in Human Consciousness and the deepening of one's spiritual life. She is author of *Love and the Evolution of Consciousness: a Study on the Transformation of the Human Soul, Double, and Spirit*. She serves on the faculty of Wisdom School of Graduate Studies as the Director of the New Chartres Academy dedicated to re-establishing the inherent harmony of each human being with the cosmos, with the Earth, and with the deepest core of one's being. Karen co-founded, with Robert Powell, the Sophia Foundation, founded Chrysalis Productions, a community theater company for adults and children, and founded the Rosamira Circle, dedicated to the unity of all religions.

*Deb Hollis*, concert pianist, has worked with Long Leaf Opera, Opera Company of North Carolina, Eastern Music Festival, Mallarme Chamber Players, and Voices. She currently works as the accompanist for Women's Voices of Durham. Deb holds piano performance degrees from Oberlin Conservatory and the University of Illinois at Champaign-Urbana, and she received her doctorate in collaborative piano from UNC Greensboro.

## REGISTRATION

Course Fee: \$425 early registration received by Nov 1, 2017. After this date \$475. Some accommodations with a local participant may be arranged.

**Community Meals:** Cost: \$120. Please indicate if you would like to participate in community meals: four lunches, two dinners (Tues. & Thurs.), and snacks catered by Steven Lambeth.

To register send payment to Sophia Foundation  
4500 19th Street, #369, Boulder, CO 80304

or on the Sophia Foundation website [www.sophiafoundation.org](http://www.sophiafoundation.org)  
Information: Karen Rivers 919-942-2465 or [karen@karenrivers.info](mailto:karen@karenrivers.info)  
Final registrations are due Dec.10, 2017.