

# ASSISI 2018

12-19 August 2018

*“Oasi Sacro Cuore” (Sacred Heart Oasis) Retreat Centre  
Viale Vittorio Emanuele II 5, Assisi, Italy*

**THE HEBREW ALPHABET & THE TREE OF LIFE  
THE 10 SEPHIROTH & THE 22 PATHS OF WISDOM  
CORRESPONDING TO THE 22 MAJOR ARCANA OF THE TAROT  
—THE SCHOOL OF SOPHIA—SEMINAR WITH  
THE FOUNDATION STONE OF LOVE**

*(with Sacred Dance and Sophia Grail Circle)*

**ONE WEEK WORKSHOP WITH ROBERT POWELL**

*Estelle Isaacson is planning to attend this workshop, if her health condition permits her to travel.  
If she is able to attend, she will present contributions to the theme when appropriate.*

**Musical accompaniment by violinist Vitale Cotofana**

**English/German – with translation into Italian by Uberta Sebregondi**

With a similar theme to 2017, this 2018 seminar will go further and continue to penetrate to the new mysteries of Demeter, the Earth Mother, and the Tree of Life associated with her. The Tree of Life is mentioned in the first book of the Bible: “The Lord God sent him forth from the garden of Eden...and at the east of the garden of Eden he placed the Cherubim and a flaming sword which turned every way to guard the way to the Tree of Life” (*Genesis 3:22-24*). The Tree of Life, representing the processes whereby the universe came into existence, became central to Jewish mysticism. Jesus was born into the Jewish tradition, and by way of his immersion in the living spirit of this people, he gained access to the secret teachings of Jewish mysticism, known as the Cabbala. Just as Christ Jesus was the fulfilment of the exoteric tradition of the Bible (Old Testament), he was also the fulfilment of the esoteric tradition of the Cabbala. As will be explored in this seminar, He is the Tree of Life. This is indicated indirectly in the words of Christ spoken to John on the island of Patmos: “To him who overcomes I will grant to eat of the Tree of Life” (*Revelation 2:7*). In our time, that of the Second Coming of Christ, a new form of Cabbala is arising through the inspiration of Christ himself. Central to this inspiration is the Foundation Stone of Love, which is Christ’s gift to humanity at this time of his Second Coming. Working together with pianist accompanist Fabio Berellini (Assisi), in this seminar we shall explore the interweaving of the Letters of the Hebrew Alphabet, the Tree of Life, and the Foundation Stone of Love, as an expression of the School of Sophia. Prayer through sacred dance is a powerful way of coming into a living connection with Divine Love. Central to the Shambhala Path is working with the Lord’s Prayer in relation to the Tree of Life. The Sofia Foundation of Italy invites you to join us in the city of St. Francis and St. Clare in the quest for the Earth Mother (Demeter), the Tree of Life, the Letters of the Hebrew Alphabet, and the Foundation Stone of Love.

See daily program and workshop details below. Also, further information is available from:  
Uberta Sebregondi, Tel: +39-335-6749935 Email: [usebregondi@gmail.com](mailto:usebregondi@gmail.com)

Accommodation and seminar are taking place at the Spiritual Retreat Centre *Oasi Sacro Cuore* (Sacred Heart Oasis), Viale Vittorio Emanuele II 5, 06081 Assisi (Perugia).

Tel: +39 075 812576 Email: [info@oasisacrocuoreassisi.com](mailto:info@oasisacrocuoreassisi.com) <http://www.oasisacrocuoreassisi.com/>

Map: <https://goo.gl/maps/nZZiJYtZeoH2>

Free private parking onsite. In front of the Bus stop to the train station, and/or to the upper old city.

PLEASE BOOK YOUR ACCOMMODATION YOURSELF.

*continued on next page—*

## *Daily Program*

The seminar begins with dinner on Sunday evening, 12 August, at 19:00 (7:00 pm), followed by an overview of the week, at *Oasi Sacro Cuore* (Sacred Heart Oasis), Viale Vittorio Emanuele II 5, Assisi

08:00-09:00 Breakfast

09:00-09:30 Opening with movement exercises

09:30-10:45 Cosmic and Sacred Dance

11:15-12:30 Study

13:00-14:00 Lunch

15:00-16:15 Study

16:45-18:00 Cosmic and Sacred Dance

18:00-19:00 Break

19:00-20:30 Dinner

20:30-22:00 Celebration/Meditation with music

The celebration/meditation will be on two or three evenings (Tuesday, Thursday, Saturday).

During the week, Wednesday afternoon and evening, there will be free time to explore Assisi.

The seminar ends on Saturday evening, 18 August, at 22:00 (10:00 pm) after the closing musical meditation/celebration that evening. Departure after breakfast on Sunday, 19 August, unless you are staying for the Star-Gazing seminar immediately following the Tree of Life seminar.

**Robert Powell, PhD** is an internationally known lecturer, author, eurythmist and movement therapist. He is founder of the Choreocosmos School of Cosmic and Sacred Dance, and cofounder of the Sophia Foundation of North America. He received his doctorate from the Polish Academy of Sciences for his thesis on the *History of the Zodiac*, now available as a book from Sophia Academic Press. His published works include the following books: *Divine Sophia-Holy Wisdom*, *The Most Holy Trinosophia*, *The Sophia Teachings*, *The Mystery*, *Biography, and Destiny of Mary Magdalene*, *Elijah Come Again*, *Chronicle of the Living Christ*, *Hermetic Astrology* volumes 1 & 2, *The Star of the Magi and the Life of Christ*, *The Christ Mystery*, *The Sign of the Son of Man in the Heavens*, *Prophecy-*

*Phenomena-Hope and Cultivating Inner Radiance & the Body of Immortality*. Robert is co-author with Kevin Dann of *Christ and the Maya Calendar* and *The Astrological Revolution*, with Lacquanna Paul of *Cosmic Dances of the Zodiac* and *Cosmic Dances of the Planets*, and with Estelle Isaacson of *Gautama Buddha's Successor* and *The Mystery of Sophia*. He is also the editor of the yearly *Journal for Star Wisdom* [the 2017 issue contains two articles by Robert and many articles of interest by other authors, and also includes a daily star ephemeris—planetary movements (geocentric & heliocentric)—with commentaries]. He translated the spiritual classic *Meditations on the Tarot* and co-translated Valentin Tomberg's *Lazarus, Come Forth!* He teaches a gentle form of healing movement: the sacred dance of eurythmy (Greek: *harmonious movement*) as well as the cosmic dances of the planets and signs of the zodiac. Through the Sophia Grail Circle he facilitates sacred celebrations dedicated to the Divine Feminine. Robert offers workshops in Europe each summer. With Karen Rivers, cofounder of the Sophia Foundation, he leads pilgrimages to the world's sacred sites (1996 Turkey; 1997 Holy Land; 1998 France; 2000 Britain; 2002 Italy; 2004 Greece; 2006 Egypt; 2008 India; 2009 Turkey; 2010 Grand Canyon; 2012 South Africa; 2014 Peru; 2016 Holy Land; 2018 a pilgrimage to the Earth's sacral [Venus] chakra in Bali is planned).

Websites: [www.sophiafoundation.org](http://www.sophiafoundation.org) / [www.astrogeographia.org](http://www.astrogeographia.org) / [www.steinerbooks.org](http://www.steinerbooks.org)— <https://steiner.presswarehouse.com/Books/SearchResults.aspx?str=Robert+Powell>

SEE SEPARATE BROCHURE ([www.sophiafoundation.org](http://www.sophiafoundation.org)) FOR THE STAR-GAZING SEMINAR—AT THE SAME LOCATION, FROM 19-24 AUGUST 2018—IMMEDIATELY FOLLOWING THIS SEMINAR. THE STAR-GAZING SEMINAR, ALSO LOCATED AT OASI SACRO CUORE, MAKES IT EASY TO PARTICIPATE IN BOTH SEMINARS.

For the Tree of Life seminar, see registration information and further details below

*See information below for details concerning cost, accommodation and registration for the 12-19 August seminar in Assisi*

#### TRAVEL:

*Train: 2 hours from Rome or about 3 hours from Florence to Assisi railway station. / From Sant'Egidio airport (Perugia) to Assisi takes less than ½ hour. Here with some links: • [How to reach Assisi by car](#) • [How to reach Assisi by Train](#) • [How to reach Assisi by Air](#)*

*Arrival on Sunday, 12 August. Accommodation and seminar at "Oasi Sacro Cuore" Retreat Centre, Viale Vittorio Emanuele II 5, Assisi. The retreat center is just in front of the bus stop directly connecting to the Assisi train station, and to the upper historic center of Assisi.*

*Free private parking. Map: <https://goo.gl/maps/nZZiYtZeoH2>*

*Dinner at 19:00 (7:00 pm). After dinner, at 20:30 (8:30 pm), Robert will give an overview of the week.*

*Oasi Sacro Cuore Retreat Centre is situated into a vast, fresh and silent garden, with olive trees opening on the road to San Damiano which can be reached in 5 minutes by foot, as well as Santa Chiara.*

*No evening closing time. Departure on Sunday, 19 August after breakfast. (Breakfast is at 08:00 am).*

COSTS 2018

**COST OF COURSE WITHOUT ACCOMMODATION AND WITHOUT MEALS: EURO 420**

**PAYMENT OF EURO 420 IS DUE UPON ARRIVAL IN ASSISI ON SUNDAY, 12 AUGUST.**

**IF YOU HAVE FURTHER QUESTIONS, PLEASE CONTACT UBERTA SEBREGONDI:**

**Phone from USA: 01139-335-674-9935, from Europe: 0039-335-674-9935, EMAIL: [usebregondi@gmail.com](mailto:usebregondi@gmail.com)**

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**REGISTRATION FORM FOR THE COURSE**

**12-19 August 2018**

**Name:**

**Address:**

**Phone number and email address;**

**Amount due on 12 August for the course: EURO 420**

Send registration form to Uberta Sebregondi: *viale Guglielmo Massaia 18, Sc. N/1, 00154 Roma, Italy.* Tel: +39-06-45544847, Mobile: +39-335-6749935 (39 is the country code for Italy). Email: [usebregondi@gmail.com](mailto:usebregondi@gmail.com)

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**IMPORTANT NOTE REGARDING ACCOMMODATION – PLEASE BOOK YOUR ACCOMMODATION YOURSELF, WHEREVER YOU CHOOSE TO STAY IN ASSISI.**

FOR THOSE STAYING AT “OASI SACRO CUORE” *Viale Vittorio Emanuele II 5, 06081 Assisi, Italy*  
ACCOMMODATION IS TO BE BOOKED DIRECTLY:

Tel: [+39 075 812576](tel:+39075812576) Email: [info@oasisacrocuoreassisi.com](mailto:info@oasisacrocuoreassisi.com) <http://www.oasisacrocuoreassisi.com/>

**DAILY RATES 2018 – per person/per day –**

**Bed and breakfast: €37**

**Half board: €45**

**Full board: €52**

Oasi Sacro Cuore is situated in a large natural park, a short distance from San Damiano [http://www.santuariosandamiano.org/home\\_eng.html](http://www.santuariosandamiano.org/home_eng.html) and St. Clare sanctuaries <http://www.sanfrancescoassisi.org/en/st-francis/places/basilica-of-st-clare>

**SEE SEPARATE BROCHURE ([www.sophiafoundation.org](http://www.sophiafoundation.org)) FOR THE STARGAZING AND COSMIC DANCE SEMINAR FROM 19-24 AUGUST 2018, IMMEDIATELY FOLLOWING THE ASSISI SEMINAR, ALSO AT OASI SACRO CUORE, MAKING IT EASY TO PARTICIPATE IN BOTH SEMINARS.**

***Assisi is located on a natural terrace facing south-west, which gives us enchanting sunsets and a wide view of the summer constellations, which is also suitable for the Stargazing and Cosmic Dance seminar 19-24 August. To gain a view to the east we hope it will be possible to go up to Mount Subasio, which offers spectacular views all around. Arrival on Sunday, 19 August 2018 before dinner at 7:00 pm, departure on Friday, 24 August 2018 after breakfast.***