#### CONNECTING HEAVEN AND EARTH STAR MYSTERIES AND EARTH MYSTERIES

# One full week workshop with Dr. Robert Powell in Assisi, Italy focusing upon the Foundation Stone Meditation in Eurythmy

(with Choreocosmos: Cosmic and Sacred Dance)

Saturday, 17 August – Saturday, 24 August 2018

"Oasi Sacro Cuore" (Sacred Heart Oasis) Retreat Centre Viale Vittorio Emanuele II, 5, 06081 Assisi, Italy

Musical accompaniment by violinist Vitale Cotofana English/German – with translation into Italian by Uberta Sebregondi

This year the workshop theme is "Initiation into the Mysteries of the Starry Heavens and the Earth Mother" with (weather permitting) observation of stars & planets.

During this seminar, Robert Powell will present some new research findings, especially relating to the year 2019 —a year during which a new relationship between the angels and humanity is beginning, opening a path through which we can reconnect with the cosmic and spiritual dimensions of what is taking place in the world at the present time, and offering an opportunity to connect spiritually with the stellar configurations. This direct interaction between the human being on Earth and the angels and other heavenly beings connected with the stars is intended to help toward developing the capacity to receive the wisdom-filled teachings of the angelic hierarchies, and to bring them into our earthly daily life. "As above, so below".

The inspired movements of cosmic dance allow vital currents of life forces to flow inside and around us. One could consider sacred and cosmic dance as meditation in movement, leading to a connection with the highest aspects of the cosmos manifesting through the planets and the signs of the zodiac.

Central to this inspiration is the Foundation Stone of Love, which is Christ's gift to humanity at this time of his Second Coming.

Musical accompaniment by violinist Vitale Cotofana will be joined later in the week by pianist Fabio Berellini for the Beethoven music (violin and piano) accompanying the Foundation Stone Meditation.

Robert Powell is an internationally known lecturer and author. After graduating with a Master's degree in mathematics at England's University of Sussex, he specialized in the history of astronomy and was awarded a PhD by the Polish Academy of Sciences for his thesis on the history of the zodiac. In 1982 he completed the training in eurythmy at the Goetheanum in Dornach (Switzerland). He does research into astronomy, astrology, and eurythmy, and he is a co-founder of the Sophia Foundation. He is also founder of the Choreocosmos School—the School of Cosmic and Sacred Dance. His writings include: History of the Zodiac; The Zodiac: A Historical Survey; The Sidereal Zodiac; History of the Planets; History of the Houses; Hermetic *Astrology, Vols. I + II; Christian Hermetic Astrology: The Star of the Magi and the Life of Christ.* He has also written Chronicle of the Living Christ; The Christ Mystery; The Sign of the Son of Man in the Heavens; Divine Sophia—Holy Wisdom; and produced the 6-tape set: The Sophia Teachings, also available as a book. His recent publications include: The Mystery, Biography & Destiny of Mary Magdalene, The Astrological Revolution (with Kevin Dann), Christ & the Maya Calendar (with Kevin Dann), Elijah Come Again, Prophecy-Phenomena-Hope: The Real Meaning of 2012, and Cultivating Inner Radiance and the Body of Immortality; he is also consulting editor of the yearly Cosmology Reborn: Star Wisdom. His three most recent books are: Astrogeographia (with David Bowden, 2012), Gautama Buddha's Successor: A Force for Good in Our Time (with Estelle Isaacson, 2013), and The Mystery of Sophia: Bearer of the New World Culture—The Rose of the World (with Estelle Isaacson, 2014).

Visit the websites: <a href="www.sophiafoundation.org">www.sophiafoundation.org</a> / <a href="www.sophiafoundation.org">www.sophiaf

### Daily Program

The seminar begins with dinner on Saturday evening, 17 August, at 19:00 followed by an overview of the week.

For those who are interested to read about Christ's healing water discovered in the 1950's at the Sanctuary (Santuario) of Collevalenza—about 1 hour drive from Assisi—see Robert's description on pages 10-24 of the Advent (fall) 2013 issue of *Starlight*, available as a PDF free download: <a href="http://sophiafoundation.org/images/stories/Documents/starlight">http://sophiafoundation.org/images/stories/Documents/starlight</a> advent%202013.pdf
[If this link does not work, go to <a href="https://www.sophiafoundation.org">www.sophiafoundation.org</a> and click "Activities" then "Starlight"]

05:30	(optional) Morning Meditation in Nature with movement
08:00-09:00	Breakfast
09:00-09:30	Morning Meditation with movement
09:30-10:45	Cosmic and Sacred Dance
11: 15-12:30	Study relating to the theme of this seminar
13:00-14:00	Lunch
15:00-16:15	Lecture Series: Attuning to the Stars
16: 45-18:00	Cosmic Dances of the Planets in the Zodiacal Signs
18:00-19:00	Break
19:0020:30	Dinner
20:30-22:00	Stargazing OR Celebration/Meditation with music

The seminar ends on Friday evening, 23 August, at 22:00 (10:00 pm) after the closing musical meditation/celebration that evening. Departure after breakfast on Saturday, 24 August

## COST OF COURSE WITHOUT ACCOMODATION AND WITHOUT MEALS: EUR 450 Full payment of the course fee due on August 17

Please note that full pension (breakfast, lunch, and dinner) is possible at Sacred Heart Oasis, same venue as the course. However, accommodation there is limited. <u>Early registration is advisable.</u>

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## REGISTRATION FORM FOR THE COURSE 17-24 August 2019

Name:	
Address:	
Phone number and email address;	
Amount due on 17 August for the course: EUR 45	50 
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Please send your registration for the course to:
Uberta Sebregondi, viale Guglielmo Massaia 18, Sc. N/1, 00154 Roma, Italy.
Phone from USA 01139-06-45544847, Mobile 01139-335-6749935, [+39 = code for Italy]
from Europe: 0039-06-45544847, Mobile 0039-335-6749935. Email: usebregondi@gmail.com

Please note that full pension (breakfast, lunch, and dinner) is possible at Sacred Heart Oasis, same venue as the course. However, accommodation there is limited. Early registration is advisable.

FOR THOSE STAYING AT "OASI SACRO CUORE" Viale Vittorio Emanuele II 5, 06081 Assisi, <a href="http://www.oasisacrocuoreassisi.com/">http://www.oasisacrocuoreassisi.com/</a>

DAILY RATES 2019 — per person/per day —
Bed and breakfast: € 37,00
Half board: € 45,00
Full board: € 52,00

*For further information, please contact:* 

Uberta Sebregondi, viale Guglielmo Massaia 18, Sc. N/1, 00154 Roma, Italy. Phone from USA 01139-06-45544847, Mobile 01139-335-6749935, [+39 = code for Italy] from Europe: 0039-06-45544847, Mobile 0039-335-6749935. Email: <a href="mailto:usebregondi@gmail.com">usebregondi@gmail.com</a>

*Oasi Sacro Cuore* is situated in a vast natural park, a short distance from San Damiano <a href="http://www.santuariosandamiano.org/home\_eng.html">http://www.santuariosandamiano.org/home\_eng.html</a> and St. Clare sanctuaries <a href="http://www.sanfrancescoassisi.org/en/st-francis/places/basilica-of-st-clare">http://www.sanfrancescoassisi.org/en/st-francis/places/basilica-of-st-clare</a>

#### TRAVEL:

Train: 2 hours from Rome, or about 3 hours from Florence, to Assisi railway station. / From Sant'Egidio airport (Perugia) to Assisi takes less than ½ hour. Here with some links (select language):

- How to reach Assisi by Air http://www.assisionline.com/assisi 152.html
- How to reach Assisi by Train <a href="http://www.assisionline.com/treniasus.html">http://www.assisionline.com/treniasus.html</a>
- How to reach Assisi by car <a href="http://www.assisionline.com/arriasus.html">http://www.assisionline.com/arriasus.html</a>

**By bus**: Daily bus connections departing at 12:30 from Roma Fiumicino Airport (Terminal 3-Arrivals: Bus stop adjacent to exit doors nr. 5 and 6 of Terminal 3-Arrivals) and arriving in **Assisi** at 4:45 PM.

<u>ARRIVAL</u> on Saturday, 17 August. Accommodation and Seminar at "Oasi Sacro Cuore" Retreat Centre, Viale Vittorio Emanuele II, 5, Assisi. Just in front of the Bus stop directly connecting to the train station, and/or to the upper historic centre.

Free private parking. Map: <a href="https://goo.gl/maps/nZZiJYtZeoH2">https://goo.gl/maps/nZZiJYtZeoH2</a>

Dinner at 19:00 (7:00 pm). After dinner, at 20:30 (8:30 pm), Robert will give an overview of the week.

Oasi Sacro Cuore Retreat Centre is situated into a large, fresh and silent garden, with olive trees opening on the road to San Damiano which can be reached in 5' by foot, as well as Santa Chiara.

No evening closing time.

<u>DEPARTURE</u> on Saturday, 24 August after breakfast. (Breakfast is at 08:00 am).

SEE SEPARATE BROCHURE (<a href="www.sophiafoundation.org">www.sophiafoundation.org</a>) FOR THE "TREE OF LIFE" SEMINAR FROM 11-17 AUGUST 2019, IMMEDIATELY PRECEDING THIS SEMINAR, ALSO AT OASI SACRO CUORE, MAKING IT EASY TO PARTICIPATE IN BOTH SEMINARS.