# Choreocosmos Graduates Gathering Foundations of Choreocosmos: A Spiritual Path Arising from Eurythmy the School of Christ & Sophia

The Foundation Stone Meditation and the Prayer Sequence With Sacred Dance and Cosmic Dances of the Planets in the Signs of the Zodiac

# **Workshop with Robert Powell**

Friday, 9 August—Sunday, 11 August 2019
A gathering for graduates of the Choreocosmos School at the Spa Hotel CASA DI SALUTE RAPHAEL,
RONCEGNO near TRIENT/TRENTO, ITALY

"In eurythmy we are renewing the primeval temple dance of the mysteries, the mirroring of the dance of the stars...of that which was spoken...from heaven down to human beings. One must once again discover the potential of really seeking the inner meaning in the corresponding gestures out of the essence of spiritual knowledge." (Rudolf Steiner)

# CHOREOCOSMOS AS A PATH OF HEALING AND TRANSFORMATION

"For creation waits with eager longing for the revealing of the sons and daughters of light" (based on a passage from the Bible—see Romans 8:19)

Awakened spiritual consciousness beholds a continual flow of energy between the Cosmos, the Sun, and the Earth. This energy comprises cosmic light, life, and love. Ultimately, Divine Love is the source of all existence. Through the harmonious rhythms and sacred geometry of the cosmic and sacred dances, we are able to align in heart and mind, body and soul, with the creative forces of the cosmos—the Divine Love and Supreme Consciousness that pervade all existence. The spiritual mission of human beings is to become awakened 'sons and daughters of light,' becoming vessels for the healing power of love streaming through the cosmos and throughout all of creation. "Becoming vessels for Divine Love is the spiritual ideal of the Choreocosmos School of Cosmic and Sacred Dance." (Robert Powell). At this gathering we shall explore the foundations of Choreocosmos as a spiritual path grounded in Divine Love—a path of healing and transformation for human beings and for the Earth.

Live piano music for the gathering will be played by Italian concert pianist Fabio Berellini.

Languages spoken by Robert at the Choreocosmos Graduates Gathering: English and German, with translation into Italian by Uberta Sebregondi. The goal is to be truly international, and the arrangement with three languages (English, German, Italian) is a step toward bridging cultures in a cosmopolitan way. The language of Cosmic Dance is universal—expressed through eurythmic movement and gesture (the Greek word Eurythmy signifies "beautiful or harmonious movement")—a cosmic language.

"International Choreocosmos Week" 4–9 August followed by "Choreocosmos Graduates Gathering" 9-11 August 2019 – in Roncegno near Trient/Trento, Italy:

Choreocosmos: "Cosmic Dances of the Nine Beatitudes" (week) followed by "Foundations of Choreocosmos: A Spiritual Path Arising from Eurythmy" (weekend) in the anthroposophical spa hotel "Casa di Salute Raphael": 18<sup>a</sup> graduation of the Choreocosmos School (English/German with Italian translation). Start of the International Choreocosmos Week: arrival on 4 August for dinner. End of Choreocosmos Graduates Gathering: departure on 11 August 2019 after breakfast.

[See separate announcement concerning the International Choreocosmos Week]

# CHOREOCOSMOS GRADUATES WEEKEND CASA DI SALUTE RAPHAEL, RONCEGNO, ITALY

# Friday, 9 August - Sunday, 11 August 2019

-starts on August 9 at 9:00 AM; departure on August 11 after breakfast.

Located in the Trentino Alps, about ½ hour south-east of Trient/Trento, the Casa di Salute Raphael is a spa hotel which is responsible for the medicinal application of the famous Levico water spoken of by Rudolf Steiner as being imbued with cosmic forces. The medical doctors running the hotel work on the basis of Rudolf Steiner's indications, and therapies include eurythmy, massage, bathing in the Levico water, etc. The hotel is in a beautiful location and has a large hall suitable for cosmic dance.

Those attending the International Choreocosmos Week will arrive at Casa di Salute on Sunday, 4 August, and dinner will be at 7:00 PM.

For those not attending the International Choreocosmos Week but are coming to the Choreocosmos Graduates Gathering, arrival at Casa di Salute will be either on Thursday, 8 August for dinner at 7:00 PM, or on Friday, 9 August in time for the start at 9:00 AM. Departure after breakfast on the morning of Sunday, 11 August 2019.

### DAILY PROGRAM: FRIDAY-SATURDAY, 9-10 AUGUST 2019

(In English and German, with translation into Italian by Uberta Sebregondi)

8:00-9:00 AM	Breakfast
9:00-9:30 AM	Morning Meditation in Eurythmy and other Meditations
9:30-10:45 AM	Cosmic and Sacred Dance
11:15 AM-12:30 PM	Foundations of Choreocosmos
1:00-2:00 PM	Lunch
3:00-4:15 PM	A Spiritual Path Arising Through Eurythmy
4:45-6:00 PM	Cosmic and Sacred Dance
6:00-7:00 PM	Break
7:00-8:30 PM	Dinner
8:30-10:00 PM	Prayer Eurythmy

The focus in Cosmic and Sacred Dance will be on working with the Foundation Stone Meditation and the Prayer Sequence—with musical accompaniment by Italian concert pianist Fabio Berellini.

Robert Powell, PhD is an internationally known author, teacher, movement therapist, co-founder of the Sophia Foundation of North America, and founder of the Choreocosmos School of Sacred and Cosmic Dance. He received his doctorate for his thesis on the history of the zodiac. His writings include Astrogeographia: Correspondences between Stars and Earthly Locations, Chronicle of the Living Christ, Elijah Come Again, Christ & the Maya Calendar, Prophecy-Phenomena-Hope: The Real Meaning of 2012, Cultivating Inner Radiance and the Body of Immortality, Hermetic Astrology volumes 1&2, The Star of the Magi and the Life of Christ, The Christ Mystery, the yearly Journal for Star Wisdom, The Sign of the Son of Man in the Heavens, The Mystery, Destiny & Biography of Mary Magdalene, The Sophia Teachings, The Most Holy Trinosophia, History of the Zodiac and other works. With Karen Rivers, cofounder of the Sophia Foundation, he leads pilgrimages to sacred sites (1996 Turkey; 1997 Holy Land; 1998 France; 2000 Britain; 2002 Italy; 2004 Greece; 2006 Egypt; 2008 India; 2009 Turkey; 2010 Grand Canyon; 2012 South Africa; 2014 Peru; 2016 Holy Land; 2018 Bali).

Websites: www.sophiafoundation.org / www.astrogeographia.org / www.steinerbooks.org - https://steiner.presswarehouse.com/Books/SearchResults.aspx?str=Robert+Powell

#### COSTS FOR THE CHOREOCOSMOS GRADUATES GATHERING

IF YOU ARE ATTENDING THE CHOREOCOSMOS WEEK (4–9 AUGUST) – OR IF YOU ARE NOT ATTENDING THE CHOREOCOSMOS WEEK AND ARE STAYING AT CASA DI SALUTE RAPHAEL FOR TWO NIGHTS (9-11 AUGUST) – SEE D.

IF YOU ARE NOT ATTENDING THE CHOREOCOSMOS WEEK AND ARE STAYING FOR THREE NIGHTS AT CASA DI SALUTE RAPHAEL (8-11 AUGUST) – SEE E.

D: COST OF COURSE INCLUDING ACCOMMODATION FOR TWO NIGHTS AND ALL MEALS AT CASA DI SALUTE RAPHAEL:

260 Euro double room; 280 Euro single room

E: COST OF COURSE INCLUDING ACCOMMODATION FOR THREE NIGHTS AND ALL MEALS AT CASA DI SALUTE RAPHAEL:

340 Euro double room; 370 Euro single room

F: COST OF INDIVIDUAL MEALS AT CASA DI SALUTE RAPHAEL: 30 Euro per meal

G: COST OF COURSE WITHOUT ACCOMMODATION AND WITHOUT MEALS: 100 Euro

IF YOUR REGISTRATION IS RECEIVED BY 30 JUNE 2018, DEPENDING UPON THE NUMBER OF PARTICIPANTS, THERE MAY POSSIBLY BE A REDUCTION FOR EARLY REGISTRATIONS. A PLACE WILL BE RESERVED FOR YOU UPON RECEIPT OF THE REGISTRATION FORM.

IF YOU HAVE FURTHER QUESTIONS, PLEASE PHONE OR EMAIL SALLY ELLIS-JONES, MOBILE PHONE: +39-348-210-6251 [country code for Italy: 39]
EMAIL: sally.ellis.jones@gmail.com

<u>Please note that because this is taking place at the peak summer season, it is</u> advisable to book rooms as early as possible.

# REGISTRATION FORM CHOREOCOSMOS GRADUATES GATHERING 8 AUGUST - 11 AUGUST 2019

Name

Address

Phone number, Email

Cost (please indicate D, E, F or G):

Reduced cost for registrations received by 30 June may be possible:

Total:

#### **Amount due on 9 August:**

Please send your registration form to: Sally Ellis-Jones, Email:sally.ellis.jones@gmail.com Via della Polla 44, 38052 Caldonazzo (TN), Tel: +39-0461-724893 Cell: +39-348-210-6251

#### [see A, B, C below for costs of the Choreocosmos International Week 4-9 August 2019]

#### **COSTS OF THE INTERNATIONAL CHOREOCOSMOS WEEK**

[see extra announcement regarding the International Choreocosmos Week]

A: COST OF COURSE INCLUDING ACCOMMODATION FOR FIVE NIGHTS (4-9 August) AND ALL MEALS AT CASA DI SALUTE RAPHAEL:

750 Euro double room; 800 Euro single room

B: COST OF INDIVIDUAL MEALS AT CASA DI SALUTE RAPHAEL: 30 Euro per meal

C: COST OF COURSE WITHOUT ACCOMMODATION AND WITHOUT MEALS: 350 Euro

PLEASE SEND YOUR REGISTRATION BY 30 JUNE 2018. DEPENDING UPON THE NUMBER OF PARTICIPANTS, A REDUCTION IN COST MAY BE POSSIBLE FOR EARLY REGISTRATION. A PLACE WILL BE RESERVED FOR YOU UPON RECEIPT OF THE REGISTRATION FORM

IF YOU HAVE FURTHER QUESTIONS, PLEASE PHONE OR EMAIL SALLY ELLIS-JONES, MOBILE PHONE: +39-348-210-6251 [country code for Italy: 39]
EMAIL: <a href="mailto:sally.ellis.jones@gmail.com">sally.ellis.jones@gmail.com</a>

<u>Please note that because this is taking place at the peak summer season, it is advisable to book rooms as early as possible.</u>

## REGISTRATION FORM INTERNATIONAL CHOREOCOSMOS WEEK 4 AUGUST- 9 AUGUST 2019

Name:
Address:
Phone number, Email:
Cost (please indicate A, B or C):
Reduced cost for registrations received by 30 June may be possible:
Total:
Amount due on 4 August:

Please send your registration form to: Sally Ellis-Jones, Email:sally.ellis.jones@gmail.com Via della Polla 44, 38052 Caldonazzo (TN), Tel: +39-0461-724893 Cell: +39-348-210-6251