

# ***“Journey of the Soul into Incarnation”***

Sunday 2 August to Friday 7 August 2020

Workshop with Robert Powell at

*“Oasi Sacro Cuore” (Sacred Heart Oasis) Retreat Centre  
Viale Vittorio Emanuele II, 5, Assisi, Italy*

## **International Choreocosmos Week: Nineteenth Graduation**

A one week experiential course—all are welcome—and also graduation of  
Choreocosmos students—

**Musical accompaniment by concert pianist Fabio Berellini**

*“The Descent through the Planetary Spheres in the Life after Death:  
Christ, the Lord of Karma, and the Journey of the Soul into Incarnation”*

Workshop *with* Dr. Robert Powell in English and German with translation into Italian



*“Christ Jesus inaugurated an evolution in human nature, based on the retention of the full consciousness of the ‘I’. He inaugurated the initiation of the ‘I’...” (Rudolf Steiner)*

It is clear that a world crisis is upon us. As we have seen from current events, humanity is increasingly presented with a wide range of issues of moral concern—for example, with regard to our health and freedom, as well as the well-being of Mother Earth. As the tension seems to be mounting, it becomes increasingly important that we come to understand the spiritual reality behind this, and through this awakening to equip ourselves to be guided through it. This world crisis is of such magnitude that humanity cannot, of its own accord, resolve it. We need the help of the spiritual world. The process of coming to know the guiding spiritual beings who work into world evolution is complex and far-reaching. In this seminar we will have the possibility of coming into a resonance with higher spiritual beings as we dance cosmic dances to create an etheric temple here on earth into which they can work.

Languages spoken by Robert in the International Choreocosmos Week: English and German, with translation into Italian by Uberta Sebregondi. The arrangement with three languages (English, German, Italian) is a step toward bridging cultures in a cosmopolitan way. The language of Cosmic Dance is universal—expressed through eurythmic movement and gesture (the Greek word Eurythmy signifies “harmonious movement”—a cosmic language.

7-9 Aug 2020 Choreocosmos Graduates Gathering—“Liturgy to Mary Sophia”

(English/German with Italian translation).  
*[See separate announcement concerning the  
Choreocosmos Graduates meeting]*

On Sunday, 2 August, dinner will be at 7:00 PM and the course will begin at 9:00 am on Monday morning.

Departure after breakfast on the morning of Friday, 7 August 2020.

*Oasi Sacro Cuore Retreat Centre is situated in a large and beautiful garden, with olive trees, opening onto the road to San Damiano (5 minutes walk), and Saint Clare’s Basilica is about 10 minutes walk.  
No evening closing time.*

*Assisi is located on a natural terrace facing south-west, which gives us enchanting sunsets and a wide view of the summer constellations, which is also suitable for Stargazing (weather permitting)— central to all three seminars at Oasi Sacro Cuore this August 2020.*

## **INTERNATIONAL CHOREOCOSMOS WEEK**

**Oasi Sacro Cuore, Assisi, Italy**

**DAILY PROGRAM FROM 2-7 August 2020**

(In English and German, with translation into Italian by Uberta Sebregondi)

8:00 AM Breakfast  
 9:00 AM Morning Meditation in Eurythmy and other Meditations  
 9:30 AM Cosmic Dances *The Descent of the Soul through the Planetary Spheres*  
 10:45 AM Break  
 11:15 AM **Christ, the Lord of Karma, and the Journey of the Soul into Incarnation**  
 12:30 PM Break  
 1:00 PM Lunch  
 2:00 PM Break  
 3:00 PM **Christ, the Lord of Karma, and the Journey of the Soul into Incarnation**  
 4:15 PM Break  
 4:45 PM Cosmic Dances *The Descent of the Soul through the Planetary Spheres*  
 6:00 PM Break  
 7:00 PM Dinner  
 8:30 PM Celebration/Musical Meditation (on some evenings)

On Wednesday of the 5-day seminar, 5 August, a graduation ceremony will take place. Cosmic Dance classes (morning & afternoon) will be taught by Robert Powell, working with the seven planets in the twelve zodiacal signs/constellations to bring to expression the honoring of Christ's sacrifice on Golgotha in relation to his Second Coming in our time, giving birth to a new culture based on Divine Love and Mercy.

On some evenings at 8:30 PM there will be celebrations/meditations with music.

**Robert Powell, PhD** is an internationally known lecturer, author, eurythmist and movement therapist. He is founder of the Choreocosmos School of Cosmic and Sacred Dance, and cofounder of the Sophia Foundation of North America. He received his doctorate from the Polish Academy of Sciences for his thesis on the *History of the Zodiac*, now available as a book from Sophia Academic Press. His published works include: *The Sophia Teachings*, a six-tape series (Sounds True Recordings), as well as the following books: *Divine Sophia-Holy Wisdom*, *The Most Holy Trinosophia*, *The Sophia Teachings*, *The Mystery, Biography, and Destiny of Mary Magdalene*, *Elijah Come Again*, *Chronicle of the Living Christ*, *Hermetic Astrology* volumes 1 & 2, *The Star of the Magi and the Life of Christ*, *The Christ Mystery*, *The Sign of the Son of Man in the Heavens*, *Prophecy-Phenomena-Hope* and *Cultivating Inner Radiance & the Body of Immortality*. Robert is co-author with Kevin Dann of *Christ and the Maya Calendar* and *The Astrological Revolution*, with Lacquanna Paul of *Cosmic Dances of the Zodiac* and *Cosmic Dances of the Planets*, and with Estelle Isaacson of *Gautama Buddha's Successor* and *The Mystery of Sophia*. He was also the editor of the yearly *Journal for Star Wisdom* [until 2018]—now *Star Journal*. Each issue contains an articles by Robert and many articles of interest by other authors, and also includes a daily star ephemeris—planetary movements (geocentric & heliocentric)—with commentaries]. He translated the spiritual classic *Meditations on the Tarot* and co-translated Valentin Tomberg's *Lazarus, Come Forth!* He teaches a gentle form of healing movement: the sacred dance of eurythmy (Greek: *harmonious movement*) as well as the cosmic dances of the planets and signs of the zodiac. Through the Sophia Grail Circle he facilitates sacred celebrations dedicated to the Divine Feminine. Robert offers workshops in Europe (and sometimes elsewhere). With Karen Rivers, cofounder of the Sophia Foundation, he leads pilgrimages to sacred sites (1996 Turkey; 1997 Holy Land; 1998 France; 2000 Britain; 2002 Italy; 2004 Greece; 2006 Egypt; 2008 India; 2009 Turkey; 2010 Grand Canyon; 2012 South Africa; 2014 Peru; 2016 Holy Land; 2018 Bali; 2020 a pilgrimage to Australia is planned.

Websites: [www.sophiafoundation.org](http://www.sophiafoundation.org) / [www.astrogeographia.org](http://www.astrogeographia.org) / [www.steinerbooks.org](http://www.steinerbooks.org) - <https://steiner.presswarehouse.com/Books/SearchResults.aspx?str=Robert+Powell>

**Italian translations of Robert Powell's books:** *Astrologia Ermetica*, vol. 1 & 2, *Le Genealogie di Gesù*, *Cronaca della vita di Cristo* **and other works** available from Estrella de Oriente, Via della Villa 109 - 38052 Caldonazzo (TN), Italy. Tel. from outside of Italy: +39-0461-172-8010. Tel. within Italy: 0461-172-8010, E-mail: [info@estrelladeoriente.it](mailto:info@estrelladeoriente.it) Website: [www.estrelladeoriente.it](http://www.estrelladeoriente.it)

#### TRAVEL:

Train: 2 hours from Rome, or about 3 hours from Florence, to Assisi/S.M. degli Angeli railway station. From Sant'Egidio airport (Perugia) to Assisi takes less than ½ hour. Here with some links:

- [How to reach Assisi by car](#)
- [How to reach Assisi by Train](#)
- [How to reach Assisi by Air](#)

Arrival on Sunday, 2 August. Accommodation and seminar at the "Oasi Sacro Cuore" Retreat Centre,

Viale Vittorio Emanuele II, 5, Assisi. The retreat center is just in front of the bus stop directly connecting to the Assisi train station, and to the upper historic center of Assisi.  
Free private parking. Map: <https://goo.gl/maps/nZZiYtZeoH2>  
Dinner at 19:00 (7:00 pm).

Oasi Sacro Cuore Retreat Centre is situated in a large and beautiful garden, with olive trees, opening onto the road to San Damiano (5 minutes walk), and Saint Clare's Basilica is about 10 minutes walk.  
No evening closing time. Departure on Friday, 7 August after breakfast. (Breakfast is at 08:00 am).

### COSTS 2020

#### **COST OF COURSE WITHOUT ACCOMMODATION AND WITHOUT MEALS: EURO 320**

PAYMENT OF EURO 320 IS DUE UPON ARRIVAL IN ASSISI ON SUNDAY, 2 AUGUST.  
IF YOU HAVE FURTHER QUESTIONS, PLEASE CONTACT UBERTA SEBREGONDI:  
Phone from USA: 01139-335-674-9935, from Europe: 0039-335-674-9935,  
EMAIL: [usebregondi@gmail.com](mailto:usebregondi@gmail.com)

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#### REGISTRATION FORM FOR THE COURSE 2-17 August 2020

Name:

Address:

Phone number and email address;

Amount due on 9 August for the course: EURO 320

Send registration form to Uberta Sebregondi: viale Guglielmo Massaia 18, Sc. N/1, 00154 Roma, Italy. Tel: +39-06-45544847, Mobile: +39-335-6749935 (39 is the country code for Italy). Email: [usebregondi@gmail.com](mailto:usebregondi@gmail.com)

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FOR THOSE STAYING AT "OASI SACRO CUORE" Viale Vittorio Emanuele II, 5, 06081 Assisi, Italy:  
<http://www.oasisacrocuoreassisi.com/>

DAILY RATES 2020 — per person/per day —  
**Bed and breakfast: €37**  
**Half board: €45**  
**Full board: €52**

*Oasi Sacro Cuore* is situated in a large natural park, a short distance from San Damiano [http://www.santuariosandamiano.org/home\\_eng.html](http://www.santuariosandamiano.org/home_eng.html) and St. Clare's Basilica <http://www.sanfrancescoassisi.org/en/st-francis/places/basilica-of-st-clare>

SEE SEPARATE BROCHURE ([www.sophiafoundation.org](http://www.sophiafoundation.org)) FOR THE FOUNDATION STONE OF LOVE SEMINAR FROM 9-16 AUGUST 2020, IMMEDIATELY FOLLOWING, ALSO AT OASI SACRO CUORE, MAKING IT EASY TO PARTICIPATE IN BOTH SEMINARS. THEN THERE IS THE SHAMBHALA PATH SEMINAR FROM 17-23 AUGUST 2020, FOLLOWED BY THE SOPHIA GRAIL TRAINING FROM 24-30 AUGUST.

Assisi is located on a natural terrace facing south-west, which gives us enchanting sunsets and a wide view of the summer constellations, which is also suitable for Stargazing (weather permitting)— central to all three seminars at Oasi Sacro Cuore this August 2020.

*Immediately followed by the Choreocosmos Graduates Gathering:*

***Foundations of Choreocosmos—  
A Spiritual Path Arising from Eurythmy—the School of Sophia  
Workshop with Robert Powell***

**Oasi Sacro Cuore, Assisi, Italy  
Friday, 7 August—Sunday, 9 Aug. 2020  
Theme: Cosmic Dances of the Liturgy to Mary Sophia  
Sacred Dance: The Shambhala Path  
A gathering for graduates of the Choreocosmos School**

**COST OF COURSE WITHOUT ACCOMMODATION AND WITHOUT MEALS:  
100 Euro**

**The costs for accommodation are the same as above (see previous page)**

**REGISTRATION FORM**

**CHOREOCOSMOS GRADUATES GATHERING**

**7-9 AUGUST 2020**

**Name**

**Address**

**Phone number, Email**

**Cost (please indicate D, E, F or G):**

**Total:**

**Amount due on 7 August: 100,00**

*Send registration form to Uberta Sebregondi: viale Guglielmo Massaia 18, Sc. N/1, 00154 Roma, Italy.  
Tel: +39- 06-45544847, Mobile: +39-335-6749935 (39 is the country code for Italy). Email: usebregondi@gmail.com*

[See separate program for this Graduates Gathering  
7-9 August 2020]