

***Choreocosmos Graduates Gathering:
Foundations of Choreocosmos—
A Spiritual Path Arising from Eurythmy—the School of Sophia***
With Sacred Dance and with Cosmic Dances of the Planets in the Signs of the Zodiac
Workshop with Robert Powell. Friday, 7 August—Sunday, 9 Aug. 2020
Theme: Cosmic Dances of the Liturgy to Mary Sophia
Sacred Dance: The Shambhala Path
A gathering for graduates of the Choreocosmos School

***“Oasi Sacro Cuore” (Sacred Heart Oasis) Retreat Centre.
Viale Vittorio Emanuele II, 5, Assisi, Italy***

“In eurythmy we are renewing the primeval temple dance of the mysteries, the mirroring of the dance of the stars...of that which was spoken...from heaven down to human beings. One must once again discover the potential of really seeking the inner meaning in the corresponding gestures out of the essence of spiritual knowledge.” (Rudolf Steiner)

CHOREOCOSMOS AS A PATH OF HEALING AND TRANSFORMATION

“For creation waits with eager longing for the revealing of the sons and daughters of light”
(based on a passage from the Bible—see Romans 8:19)

Awakened spiritual consciousness beholds a continual flow of energy between the Cosmos, the Sun, and the Earth. This energy comprises cosmic light, life, and love. Ultimately, Divine Love is the source of all existence. Through the harmonious rhythms and sacred geometry of the cosmic and sacred dances, we are able to align in heart and mind, body and soul, with the creative forces of the cosmos—the Divine Love and Supreme Consciousness that pervade all existence. The spiritual mission of human beings is to become awakened ‘sons and daughters of light,’ becoming vessels for the healing power of love streaming through the cosmos and throughout all of creation. “Becoming vessels for Divine Love is the spiritual ideal of the Choreocosmos School of Cosmic and Sacred Dance.” (Robert Powell). At this gathering we shall explore the foundations of Choreocosmos as a spiritual path grounded in Divine Love—a path of healing and transformation for human beings and for the Earth.

Live piano music for the gathering will be played by Italian pianist Fabio Berellini.

Languages spoken by Robert at the Choreocosmos Graduates Gathering:
English and German, with translation into Italian by Uberta Sebregondi. The goal is to be truly international, and the arrangement with three languages (English, German, Italian) is a step toward bridging cultures in a cosmopolitan way. The language of Cosmic Dance is universal—expressed through eurythmic movement and gesture (the Greek word Eurythmy signifies “beautiful or harmonious movement”)—a cosmic language.

“International Choreocosmos Week” followed by “Choreocosmos Graduates Gathering” – Christ, the Lord of Karma, and the Journey of the Soul into Incarnation” (week) followed by the Liturgy to Mary Sophia—

“Foundations of Choreocosmos: A Spiritual Path Arising from Eurythmy” (7-9 August)

Start of the International Choreocosmos Week: arrival on 2 Aug for dinner. End of Choreocosmos Graduates Gathering: departure on 9 August 2020 after breakfast.

CHOREOCOSMOS GRADUATES WEEKEND

“Oasi Sacro Cuore” (Sacred Heart Oasis) Retreat Centre

Viale Vittorio Emanuele II, 5, Assisi, Italy

Friday, 7 August–Sunday, 9 August 2020

Those attending the International Choreocosmos Week will arrive at “Oasi Sacro Cuore” on Sunday, 2 Aug, and dinner will be at 7:00 PM. For those not attending the International Choreocosmos Week but are coming to the Choreocosmos Graduates Gathering, arrival at “Oasi” will be either on Thursday, 6 Aug in time for dinner at 7:00 PM or on Friday, 7 Aug in time for the start at 9:00 AM.

Departure after breakfast on the morning of Sunday, 9 August 2020.

DAILY PROGRAM: FRIDAY–SATURDAY, 7–9 August 2020

(In English and German, with translation into Italian by Uberta Sebregondi)

8:00–9:00 AM	Breakfast
9:00–9:30 AM	Morning Meditation in Eurythmy and other Meditations
9:30–10:45 AM	Cosmic and Sacred Dance
11:15 AM–12:30 PM	Foundations of Choreocosmos
1:00–2:00 PM	Lunch
3:00–4:15 PM	A Spiritual Path Arising Through Eurythmy
4:45–6:00 PM	Cosmic and Sacred Dance
6:00–7:00 PM	Break
7:00–8:30 PM	Dinner
8:30–10:00 PM	<i>Liturgy to Christ (Fri.) Liturgy to Mary Sophia (Sat.)</i>

On Friday and Saturday we shall focus on the foundations of Choreocosmos as a spiritual path arising in our time through Eurythmy. We shall work with a selection of cosmic and sacred dances in order to deepen into the content of the Choreocosmos School.

On Friday evening at 8:30 PM: *Liturgy to Christ* (prayer eurythmy with music), and on Saturday evening at 8:30 PM: *Liturgy to Mary Sophia* with cosmic dance.

Robert Powell, PhD is an internationally known author, teacher, movement therapist, co-founder of the Sophia Foundation of North America, and founder of the Choreocosmos School of Sacred and Cosmic Dance. He received his doctorate for his thesis on the history of the zodiac. His writings include *Astrogeographia: Correspondences between Stars and Earthly Locations*, *Chronicle of the Living Christ*, *Elijah Come Again*, *Christ & the Maya Calendar*, *Prophecy-Phenomena-Hope: The Real Meaning of 2012*, *Cultivating Inner Radiance and the Body of Immortality*, *Hermetic Astrology volumes 1&2*, *The Star of the Magi and the Life of Christ*, *The Christ Mystery*, the yearly *Journal for Star Wisdom*, *The Sign of the Son of Man in the Heavens*, *The Mystery, Destiny & Biography of Mary Magdalene*, *The Sophia Teachings*, *The Most Holy Trinosophia*, *History of the Zodiac* and other works.

Websites: www.sophiafoundation.org / www.astrogeographia.org / www.steinerbooks.org -

<https://steiner.presswarehouse.com/Books/SearchResults.aspx?str=Robert+Powell>

Italian translations of Robert Powell's books: *Astrologia Ermetica*, vol. 1 & 2, *Le Genealogie di Gesù*, *Cronaca della vita di Cristo* **and other works** available from Estrella de Oriente, Via della Villa 109 - 38052 Caldonazzo (TN), Italy. Tel. from outside of Italy: +39-0461-172-8010. Tel. in Italy: 0461-172-8010, E-mail: info@estrelladeoriente.it Website: www.estrelladeoriente.it

COSTS FOR THE CHOREOCOSMOS GRADUATES WEEKEND

FOR THOSE STAYING AT "OASI SACRO CUORE" Viale Vittorio Emanuele II, 5, 06081 Assisi, Italy:

<http://www.oasisacrocuoreassisi.com/>

DAILY RATES 2020 — per person/per day —

Bed and breakfast: €37

Half board: €45

Full board: €52

Oasi Sacro Cuore is situated in a large natural park, a short distance from San Damiano

http://www.santuariosandamiano.org/home_eng.html and St. Clare's Basilica

<http://www.sanfrancescoassisi.org/en/st-francis/places/basilica-of-st-clare>

COST OF COURSE WITHOUT ACCOMMODATION AND WITHOUT MEALS:

100 Euro

Please note that because this is taking place at the peak summer season, it is advisable to book rooms as early as possible

PLEASE SEND YOUR REGISTRATION BY 30 JUNE 2020. AND A PLACE WILL BE RESERVED FOR YOU UPON RECEIPT OF THE REGISTRATION FORM

REGISTRATION FORM FOR THE Course 7 – 9 August 2020

Name

Address

Phone number

Amount due on 7 August: 100,00

Send registration form to Uberta Sebregondi: *viale Guglielmo Massaia 18, Sc. N/1, 00154 Roma, Italy. Tel: +39-06-45544847, Mobile: +39-335-6749935 (39 is the country code for Italy). Email: usebregondi@gmail.com — —*

IF YOU HAVE FURTHER QUESTIONS, PLEASE CONTACT UBERTA SEBREGONDI:

Phone from USA: 01139-335-674-9935, from Europe: 0039-335-674-9935,

EMAIL: usebregondi@gmail.com

Or SALLY ELLIS-JONES, MOBILE PHONE: +39-348-210-6251

[country code for Italy: 39]

EMAIL: sally.ellis.jones@gmail.com

**REGISTRATION FORM
INTERNATIONAL CHOREOCOSMOS WEEK
2-7 AUGUST 2020**

Name

Address

Phone number

Amount due on 2 August: 320.00

*Send registration form to Uberta Sebregondi: viale Guglielmo Massaia 18, Sc. N/1, 00154 Roma, Italy.
Tel: +39- 06-45544847, Mobile: +39-335-6749935 (39 is the country code for Italy).
Email: usebregondi@gmail.com*

*FOR THOSE STAYING AT "OASI SACRO CUORE" Viale Vittorio Emanuele II, 5, 06081 Assisi, Italy:
<http://www.oasisacrocuoreassisi.com/>*

**DAILY RATES 2020 — per person/per day —
Bed and breakfast: €37
Half board: €45
Full board: €52**

*Oasi Sacro Cuore is situated in a large natural park, a short distance from San Damiano
http://www.santuariosandamiano.org/home_eng.html and St. Clare's Basilica
<http://www.sanfrancescoassisi.org/en/st-francis/places/basilica-of-st-clare>*

Assisi is located on a natural terrace facing south-west, which gives us enchanting sunsets and a wide view of the summer constellations, which is also suitable for Stargazing (weather permitting)—central to all three seminars at Oasi Sacro Cuore this August 2020.

SEE SEPARATE BROCHURE (www.sophiafoundation.org) FOR THE FOUNDATION STONE OF LOVE SEMINAR FROM 9-16 AUGUST 2020, IMMEDIATELY FOLLOWING, ALSO AT OASI SACRO CUORE, MAKING IT EASY TO PARTICIPATE IN BOTH SEMINARS. THEN THERE IS THE SHAMBHALA PATH SEMINAR FROM 17-23 AUGUST 2020, FOLLOWED BY THE SOPHIA GRAIL TRAINING FROM 24-30 AUGUST.