

ASSISI 2022

14-20 August 2022

**"Oasi del Sacro Cuore" (Sacred Heart Oasis) Retreat Centre
Viale Vittorio Emanuele II, 5, Assisi, Italy**

**FACING THE FUTURE WITH CHRIST, THE GREAT HEALER:
CHRIST AS OUR GUIDE THROUGH APOCALYPTIC TIMES
JACOB'S LADDER AND THE JOURNEY OF THE SOUL INTO INCARNATION**

**ONE WEEK WORKSHOP/SEMINAR WITH ROBERT POWELL
(with Cosmic Dance and Sophia Grail Circle)**

**Musical accompaniment by concert pianist Fabio Berellini
English/German – with translation into Italian by Uberta Sebregondi**

"Lo, I am with you always, even unto the end of the world." It is with these words of the Risen Christ that the Gospel of Matthew is concluded. Christ, the Lord of karma, guides and accompanies us both during our earthly incarnation and in the life after death. And in the last year of his earthly life, Rudolf Steiner was able to leave us a treasure: the description of the ascent of the soul through the planetary spheres—and corresponding hierarchies—in the life after death, also known as *Jacob's Ladder*, or the celestial ladder of the Angels. Knowledge of the soul's spiritual journey after death has always been part of the mystery teaching of ancient civilisations, especially in Egyptian hermeticism, and was also represented in the Mesopotamian ziggurats, as an external image for the stairway ascending to the Holy of Holies. But this ancient, vast and specific knowledge of the life of the spiritual world beyond the threshold of death has been almost completely forgotten in Christianity, with the exception of the ascent through the planetary spheres to the Throne of God described by Dante in *The Divine Comedy*. And the *Journey of the Soul into Incarnation* is the reverse journey of *Jacob's Ladder*, akin to the descent of Christ in his Second Coming. His presence now in the earth's etheric aura can bring an awakening of our conscience in face of the challenges with which we are confronted. In his last lecture, Rudolf Steiner indicated that a world crisis was upon us. As we have seen from current events, humanity is increasingly presented with a wide range of issues of moral concern—for example, with regard to our health and freedom, as also with respect to the well-being of Mother Earth. As the tension is mounting, it becomes increasingly important that we come to understand the spiritual reality behind this, and through this awakening to equip ourselves to be guided through it. This world crisis is of such magnitude that humanity cannot, of its own accord, resolve it. We need the help of the angelic realms of the spiritual world. The process of coming to know the guiding spiritual beings who work into world evolution is complex and far reaching. In this workshop we will have the possibility of coming into a resonance with them as we move together cosmic dances to create an etheric temple here on earth into which the angelic realms can work. Through coming to know these beings more consciously while living in an earthly body, we will be able to receive their help, guidance, and inspiration, as well as form a relationship with them in preparation for our life in the spiritual world beyond death and for our subsequent return to a new life here on earth, which we shall also explore this week through talks and conversation, and through the cosmic dance of eurhythmy.

**See daily program and workshop details below. Information and Registration:
Uberta Sebregondi, Tel: +39-335-6749935 Email: usebregondi@gmail.com**

The seminar/workshop is taking place at the Spiritual Retreat Centre Oasi del Sacro Cuore, although most of the Eurhythmy sessions will be at the Santa Chiarella Church up the hill from Oasi del Sacro Cuore.

Please note that full pension (breakfast, lunch, and dinner) is possible at Sacred Heart Oasis, however, accommodation there is limited. Early registration is advisable.

continued on next page—

Daily Program

The seminar begins with dinner on Sunday evening, 14 August, at 7:00 pm, followed by an introduction at *Oasi del Sacro Cuore* (Sacred Heart Oasis), Viale Vittorio Emanuele II, 5, Assisi

- 07:30-09:00 Breakfast
- 09:00-09:30 Opening with movement exercises
- 09:30-10:45 Cosmic and Sacred Dance
- 11:15-12:30 Study relating to the theme of this seminar
- 13:00-14:00 Lunch
- 15:00-16:15 Study relating to the theme of this seminar
- 16:45-18:00 Cosmic and Sacred Dance
- 18:00-19:00 Break
- 19:00-20:15 Dinner
- 20:15-22:00 Celebration/Meditation with music (concert pianist Fabio Berellini)

The celebration/meditation will be on some evenings.

During the week there will be a free afternoon and evening to explore Assisi.

The seminar ends on Friday evening, 19 August, at 22:00 (10:00 pm) after the closing musical meditation/celebration. Departure after breakfast on Saturday, 20 August.

Robert Powell, PhD is an internationally known lecturer, author, eurythmist and movement therapist. He is founder of the Choreocosmos School of Cosmic and Sacred Dance, and cofounder of the Sophia Foundation of North America. He received his doctorate from the Polish Academy of Sciences for his thesis on the *History of the Zodiac*, now available as a book from Sophia Academic Press. His published works include the following books: *Divine Sophia-Holy Wisdom*, *The Most Holy Trinosophia*, *The Sophia Teachings*, *The Mystery, Biography, and Destiny of Mary Magdalene*, *Elijah Come Again*, *Chronicle of the Living Christ*, *Hermetic Astrology* volumes 1 & 2, *The Star of the Magi and the Life of Christ*, *The Christ Mystery*, *The Sign of the Son of Man in the Heavens*, *Prophecy-Phenomena-Hope* and *Cultivating Inner Radiance & the Body of Immortality*. Robert is co-author with Kevin Dann of *Christ and the Maya Calendar* and *The Astrological Revolution*, with Lacquanna Paul of *Cosmic Dances of the Zodiac* and *Cosmic Dances of the Planets*, and with Estelle Isaacson of *Gautama Buddha's Successor* and *The Mystery of Sophia*. He is also consulting editor of the yearly *Cosmic Communion: Star Wisdom*, vol. 4 [the 2022 issue contains an article by Robert and many articles of interest by other authors, and also includes a daily star ephemeris—planetary movements (geocentric & heliocentric)—with commentaries]. He translated the spiritual classic *Meditations on the Tarot* and co-translated Valentin Tomberg's *Lazarus, Come Forth!* He teaches a gentle form of healing movement: the sacred dance of eurythmy (Greek: *harmonious movement*) as well as the cosmic dances of the planets and signs of the zodiac. Through the Sophia Grail Circle he facilitates sacred celebrations dedicated to the Divine Feminine. Robert offers workshops in Europe each summer. With Karen Rivers, cofounder of the Sophia Foundation, he leads pilgrimages to the world's sacred sites (1996 Turkey; 1997 Holy Land; 1998 France; 2000 Britain; 2002 Italy; 2004 Greece; 2006 Egypt; 2008 India; 2009 Turkey; 2010 Grand Canyon; 2012 South Africa; 2014 Peru; 2016 Holy Land; 2018 Bali).

Websites: www.sophiafoundation.org / www.astrogeographia.org / www.steinerbooks.org / www.sophiaschoolofmovement.org

SEE SEPARATE BROCHURE (www.sophiafoundation.org) FOR THE FOUNDATION STONE SEMINAR FROM 7-13 AUGUST 2022, AT THE SAME LOCATION AT OASI SACRO CUORE, IMMEDIATELY PRECEDING THIS SEMINAR, MAKING IT EASY TO PARTICIPATE IN BOTH SEMINARS.

For this workshop / seminar *Facing the future with Christ*, see below registration information and further details concerning cost, accommodation and registration for this 14-20 August seminar.

TRAVEL:

Train: 2 hours from Rome, or about 3 hours from Florence, to Assisi/S.M. degli Angeli railway station. From Sant'Egidio airport (Perugia) to Assisi takes less than ½ hour. Here with some links:

- [How to reach Assisi by car](#) • [How to reach Assisi by Train](#) • [How to reach Assisi by Air](#)

Arrival on Sunday, 14 August in time for dinner at 19:00 (7:00 pm).

Accommodation and seminar at the "Oasi del Sacro Cuore" Retreat Centre, Viale Vittorio Emanuele II, 5, Assisi. The retreat centre is just in front of the bus stop directly connecting to the Assisi train station, and to the upper historic centre of Assisi.

Free private parking. Map: <https://goo.gl/maps/nZZiJYtZeoH2>

Oasi del Sacro Cuore Retreat Centre is situated in a large and beautiful garden, with olive trees opening onto the road to San Damiano (5 minute walk), and also Saint Clare's Basilica is a 10 minute walk. No evening closing time. Departure on Saturday, 20 August after breakfast. (Breakfast is from 7:30 am).

COSTS 2022

**COST OF COURSE WITHOUT ACCOMMODATION AND WITHOUT MEALS: EURO 350
PAYMENT OF EURO 350 IS DUE UPON ARRIVAL IN ASSISI ON SUNDAY, 14 AUGUST.**

IF YOU HAVE FURTHER QUESTIONS, PLEASE CONTACT UBERTA SEBREGONDI:

Phone from USA: 01139-335-674-9935, from Europe: 0039-335-674-9935,

EMAIL: usebregondi@gmail.com

REGISTRATION FORM FOR THE COURSE 14-20 August 2022

Name:

Address:

Phone number and email address;

Amount due on 14 August for the course: EURO 350

Send registration form to Uberta Sebregondi: viale Guglielmo Massaia 18, Sc. N/1, 00154 Roma, Italy. Tel: +39-06-45544847, Mobile: +39-335-6749935 (39 is the country code for Italy). Email: usebregondi@gmail.com

FOR THOSE STAYING AT "OASI DEL SACRO CUORE" Viale Vittorio Emanuele II, 5, 06081 Assisi, Italy:
<http://www.oasisacrocuoreassisi.com/>

DAILY RATES 2022 — per person/per day —

Bed and breakfast: €37

Half board: €45

Full board: €52

Oasi del Sacro Cuore is situated in a large natural park, a short distance from San Damiano http://www.santuariosandamiano.org/home_eng.html and St. Clare Basilica <http://www.sanfrancescoassisi.org/en/st-francis/places/basilica-of-st-clare>

SEE SEPARATE BROCHURE (www.sophiafoundation.org) FOR THE FOUNDATION STONE OF LOVE WEEK FROM 7-13 AUGUST, AT THE SAME LOCATION, AT OASI DEL SACRO CUORE, PRECEDING THIS SEMINAR, MAKING IT EASY TO PARTICIPATE IN BOTH SEMINARS.

Assisi is located on a natural terrace facing south-west, which gives us enchanting sunsets and a wide view of the summer constellations, which is also suitable for Stargazing (weather permitting)— central to both 2022 Assisi seminars.