

***International Choreocosmos Week:  
31 July—6 August 2022  
"Jacob's Ladder and the  
Journey of the Soul into Incarnation"***

**Sunday 31 July to Saturday 6 August 2022  
Workshop with Robert Powell  
with Cosmic Dances of the Planets in the Signs of the Zodiac**

**—all are welcome—**

**Musical accompaniment by concert pianist Fabio Berellini**



In the last year of his earthly life, Rudolf Steiner was able to leave us a treasure: the description of the ascent of the soul through the planetary spheres—and corresponding hierarchies—in the life after death, also known as *Jacob's Ladder*, or the celestial ladder of the Angels. Knowledge of the soul's spiritual journey after death has always been part of the mystery teaching of ancient civilisations, especially in Egyptian hermeticism, and was also represented in the Mesopotamian ziggurats, as an external image for the stairway ascending to the Holy of Holies. But this ancient, vast and specific knowledge of the life of the spiritual world beyond the threshold of death has been almost completely forgotten in Christianity, with the exception of the ascent through the planetary spheres to the Throne of God described by Dante in *The Divine Comedy*. And the *Journey of the Soul into Incarnation* is the reverse journey of *Jacob's Ladder*, akin to the descent of Christ in his Second Coming. His presence now in the earth's etheric aura can bring an awakening of our conscience in face of the challenges with which we are confronted. In his last lecture, Rudolf Steiner indicated that a world crisis was upon us. As we have seen from current events, humanity is increasingly presented with a wide range of issues of moral concern—for example, with regard to our health and freedom, as also with respect to the well-being of Mother Earth. As the tension is mounting, it becomes increasingly important that we come to understand the spiritual reality behind this, and through this awakening to equip ourselves to be guided through it. This world crisis is of such magnitude that humanity cannot, of its own accord, resolve it. We need the help of the angelic realms of the spiritual world. The process of coming to know the guiding spiritual beings who work into world evolution is complex and far reaching. In this workshop we will have the possibility of coming into a resonance with them as we move together cosmic dances to create an etheric temple here on earth into which the angelic realms can work. Through coming to know these beings more consciously while living in an earthly body, we will be able to receive their help, guidance, and inspiration, as well as form a relationship with them in preparation for our life in the spiritual world beyond death and for our subsequent return to a new life here on earth, which we shall also explore this week through talks and conversation, and through the cosmic dance of eurhythmy.

## Daily Program

From Sunday, 31 July to Saturday, 6 August

The program starts on Sunday with dinner at 7 pm followed by an Overview.

9.00 - 10.45 am Cosmic Dance

11.15 - 12.30 pm Study/Conversation

3.00 - 4.15 pm Study/Conversation

4.45 - 6.00 pm Cosmic Dance

The program will end on Friday at 10 pm

Departure on Saturday, 6 August 2022.

**There will be a program (Sophia Grail Circle) on some evenings, 8.30-10.00 pm.**

**Note:** Please bring suitable, light, soft-soled shoes if you are participating in the Eurythmy/Cosmic Dance, or Eurythmy shoes if you already have them.

**Live piano music for the entire course will be played by concert pianist Fabio Berellini.**

This course is open to everyone.

**Accommodation** is provided as registrations are received. Early registration is advisable.

A place will be reserved upon receipt of the registration form—see details below, also regarding **Costs**.

**Languages** spoken by Robert in the International Choreocosmos Week: English and German, with translation into Italian by Uberta Sebregondi.

The arrangement with three languages (English, German, Italian) is a step toward bridging cultures in a cosmopolitan way. The language of Cosmic Dance is universal—expressed through eurythmic movement and gesture (the Greek word Eurythmy signifies “harmonious movement”)—a cosmic language.

Also music is a universal language. The compositions of the great composers, to which we shall be moving, are able to elevate our souls to cosmic realms of existence.

Choreocosmos is a development arising from eurythmy, a development that focuses primarily on the cosmic aspects of eurythmy. Eurythmy came into being through the inspiration of Rudolf Steiner and was originally intended as an art form capable of returning movement to the realm of the sacred and as a path toward furthering the development of the human being. Following upon this original intention, eurythmy is the basis for the forms and gestures practiced in Choreocosmos. Choreocosmos, which means ‘cosmic dance,’ encompasses both cosmic and sacred dance, embodying the great prayers and sacred texts of humanity. Cosmic dance is focused on bringing an experience through movement of the four elements (Fire, Air, Water, Earth), the seven planets (Saturn, Sun, Moon, Mars, Mercury, Jupiter, Venus), the twelve signs of the zodiac, and the seven planets in the twelve signs of the zodiac (a cycle of 84 cosmic dances).

Due to health regulations, access to the seminar is only allowed to internal guests accommodated at

Casa di Salute Raphael.

Located in the Trentino Alps, about ½ hour south-east of Trient/Trento, the Casa di Salute Raphael is a spa hotel which is responsible for the medicinal application of the famous Levico water spoken of by Rudolf Steiner as being imbued with cosmic forces. The medical doctors running the hotel work on the basis of Rudolf Steiner’s indications, and therapies include eurythmy, massage, bathing in the Levico water, etc. The hotel is in a beautiful location and has a large hall suitable for cosmic dance

After arriving at Casa di Salute on **Sunday, 31 July**, dinner will be at 7:00 PM, followed by introductions and an outline/overview of the program for the week.

Departure after breakfast on the morning of **Saturday, 6 August 2022**.

**Please note that because this is taking place at the peak summer season, it is advisable to book rooms as early as possible.**

**INTERNATIONAL CHOREOCOSMOS WEEK**  
**CASA DI SALUTE RAPHAEL, RONCEGNO, ITALY**  
**DAILY PROGRAM FROM 31 July-6 August 2022**

(In English and German, with translation into Italian by Uberta Sebregondi)

8:00 AM	Breakfast
9:00 AM	Morning Meditation in Eurythmy and other Meditations
9:30 AM	Cosmic Dances
10:45 AM	Break
11:15 AM	Study relating to the theme of this seminar
12:30 PM	Break
1:00 PM	Lunch
2:00 PM	Break
3:00 PM	Study relating to the theme of this seminar
4:15 PM	Break
4:45 PM	Cosmic Dances
6:00 PM	Break
7:00 PM	Dinner
8:30 PM	Celebration/Musical Meditation (on some evenings)

**Robert Powell, PhD** is an internationally known lecturer, author, eurythmist and movement therapist. He is founder of the Choreocosmos School of Cosmic and Sacred Dance, and cofounder of the Sophia Foundation of North America. He received his doctorate from the Polish Academy of Sciences for his thesis on the *History of the Zodiac*, now available as a book from Sophia Academic Press. His published works include: *The Sophia Teachings*, a six-tape series (Sounds True Recordings), as well as the following books: *Divine Sophia-Holy Wisdom*, *The Most Holy Trinosophia*, *The Sophia Teachings*, *The Mystery*, *Biography*, and *Destiny of Mary Magdalene*, *Elijah Come Again*, *Chronicle of the Living Christ*, *Hermetic Astrology* volumes 1 & 2, *The Star of the Magi and the Life of Christ*, *The Christ Mystery*, *The Sign of the Son of Man in the Heavens*, *Prophecy-Phenomena-Hope* and *Cultivating Inner Radiance & the Body of Immortality*. Robert is co-author with Kevin Dann of *Christ and the Maya Calendar* and *The Astrological Revolution*, with Lacquanna Paul of *Cosmic Dances of the Zodiac* and *Cosmic Dances of the Planets*, and with Estelle Isaacson of *Gautama Buddha's Successor* and *The Mystery of Sophia*. He is also consulting editor of the yearly *Cosmic Communion: Star Wisdom, vol. 4* with monthly ephemerides—planetary movements (geocentric & heliocentric)—with commentaries for 2022, and many articles of interest by Robert and other authors. He translated the spiritual classic *Meditations on the Tarot* and co-translated Valentin Tomberg's *Lazarus, Come Forth!* He teaches a gentle form of healing movement: the sacred dance of eurythmy (Greek: *harmonious movement*) as well as the cosmic dances of the planets and signs of the zodiac. Through the Sophia Grail Circle he facilitates sacred celebrations dedicated to the Divine Feminine. Robert offers workshops in Europe and elsewhere. With Karen Rivers, cofounder of the Sophia Foundation, he leads pilgrimages to sacred sites (1996 Turkey; 1997 Holy Land; 1998 France; 2000 Britain; 2002 Italy; 2004 Greece; 2006 Egypt; 2008 India; 2009 Turkey; 2010 Grand Canyon; 2012 South Africa; 2014 Peru; 2016 Holy Land; 2018 Bali).

Websites: [www.sophiafoundation.org](http://www.sophiafoundation.org) / [www.astrogeographia.org](http://www.astrogeographia.org) / [www.steinerbooks.org](http://www.steinerbooks.org)  
[www.sophiaschoolofmovement.org](http://www.sophiaschoolofmovement.org)

**COST OF THE INTERNATIONAL CHOREOCOSMOS WEEK**

**A: COST OF COURSE INCLUDING ACCOMMODATION FOR SIX NIGHTS (31 July-6 August)  
AND ALL MEALS AT CASA DI SALUTE RAPHAEL:**

**860 Euro double room; 920 Euro single room**

Due to health regulations, access to the seminar is only allowed to internal guests,  
accommodated at Casa di Salute Raphael.

**PLEASE SEND YOUR REGISTRATION BY 30 JUNE 2022. DEPENDING UPON THE NUMBER  
OF PARTICIPANTS, A REDUCTION IN COST MAY BE POSSIBLE FOR EARLY  
REGISTRATION.**

**A PLACE WILL BE RESERVED FOR YOU UPON RECEIPT OF THE REGISTRATION FORM**

**IF YOU HAVE FURTHER QUESTIONS, PLEASE PHONE OR EMAIL SALLY ELLIS-JONES,  
MOBILE PHONE: +39-348-210-6251 [country code for Italy: 39]  
EMAIL: [sally.ellis.jones@gmail.com](mailto:sally.ellis.jones@gmail.com)**

**Please note that because this is taking place at the peak summer season, it is  
advisable to book rooms as early as possible.**

**REGISTRATION FORM  
INTERNATIONAL CHOREOCOSMOS WEEK  
31 JULY– 6 AUGUST 2022**

**Name:**

**Address:**

**Phone number, Email:**

**Cost of the course: 350 Euro**

**Reduced cost for registrations received by 30 June may be possible:**

**Total:**

**Amount due on 31 July: 350 Euro**

*Please send your registration form to: Sally Ellis-Jones, Email: [sally.ellis.jones@gmail.com](mailto:sally.ellis.jones@gmail.com)  
Via della Polla 44, 38052 Caldonazzo (TN), Tel: +39-0461-724893 Cell: +39-348-210-6251*