

ASSISI 2023

13-19 August 2023

**“Oasi del Sacro Cuore” (Sacred Heart Oasis) Retreat Centre
Viale Vittorio Emanuele II, 5, Assisi, Italy**

**THE SEVEN APOCALYPTIC SEALS AND
THEIR MEANING FOR THE PRESENT APOCALYPTIC TIMES**

**ONE WEEK WORKSHOP/SEMINAR WITH ROBERT POWELL
(with Cosmic Dance and Sophia Grail Circle)**

**Musical accompaniment by concert pianist Fabio Berellini
English/German – with translation into Italian by Uberta Sebregondi**



*The Seven Seals of the Apocalypse bring to expression
images from the astral world.*

They are very effective.

*They are able to lead the human being into the most
beautiful spiritual harmony.*

*Whoever contemplates them in the right mood, will find that
they work upon the soul in a liberating and enlivening way.*

(Rudolf Steiner)

The *Apocalypse of St. John (Revelation)* is one of the most extraordinary and mysterious documents in the entire Bible. Written by John around AD 95 on the island of Patmos, who wrote down what was revealed to him by the Risen Christ, the future of humanity and the earth appears in a series of mighty images. *Revelation* is essentially a book of initiation presented to humanity by Christ through John, which portrays a living unfolding of history on a spiritual level. In penetrating to the depths of this mysterious text, we discover a source of initiatory wisdom for our time that is highly relevant to each individual and also to humanity as a whole. In light of this initiatory wisdom we can begin to understand the present situation of humanity, and at the same time we can each receive guidance for our individual spiritual path. In this workshop we shall focus on seven central images from *Revelation*, known as the “seven apocalyptic seals”. The fifth seal, for example, presents an image of Sophia (“the Bride of the Lamb”) as the “woman clothed with the Sun, with the Moon under her feet, and on her head a crown of twelve stars” (*Revelation* 12:1). The fifth seal, and each of the seven seals, relates to profound mysteries, which we shall seek to penetrate during this workshop through talks and conversation, and through the cosmic dance of eurhythmy. All who are interested are invited to join us in this celebration of the new mysteries. Conversation and presentations on the theme will complement the cosmic and sacred dance. **We shall also endeavor to penetrate to an understanding of the present world situation with the help of star wisdom – “Astro-Sophia”.**

Info and Registration: Uberta Sebregondi, usebregondi@gmail.com +39-335-6749935

The seminar/workshop is taking place at the Spiritual Retreat Centre Oasi del Sacro Cuore, although most of the Eurhythmy sessions will be at the Santa Chiarella Church up the hill from Oasi del Sacro Cuore.

Please note that full pension (breakfast, lunch, and dinner) is also possible at Sacred Heart Oasis, however, accommodation there is limited. Early registration is advisable.

See daily program and workshop details on next page—

Daily Program

The seminar begins with dinner on Sunday evening, 13 August, at 7:00 pm, followed by an introduction at *Oasi del Sacro Cuore* (Sacred Heart Oasis), Viale Vittorio Emanuele II, 5, Assisi

- 07:30-09:00 Breakfast
- 09:00-09:30 Opening with movement exercises
- 09:30-10:45 Cosmic and Sacred Dance
- 11:15-12:30 Study relating to the theme of this seminar
- 13:00-14:00 Lunch
- 15:00-16:15 Study relating to the theme of this seminar
- 16:45-18:00 Cosmic and Sacred Dance
- 18:00-19:00 Break
- 19:00-20:15 Dinner
- 20:15-22:00 Celebration/Meditation with music on some evenings.

During the week there will be a free afternoon and evening to explore Assisi.

The seminar ends on Friday evening, 18 August, at 22:00 (10:00 pm) after the closing musical meditation/celebration. Departure after breakfast on Saturday, 19 August.

Robert Powell, PhD is an internationally known lecturer, author, eurythmist and movement therapist. He is founder of the Choreocosmos School of Cosmic and Sacred Dance, and cofounder of the Sophia Foundation of North America. He received his doctorate from the Polish Academy of Sciences for his thesis on the *History of the Zodiac*, now available as a book from Sophia Academic Press. His published works include the following books: *Divine Sophia-Holy Wisdom*, *The Most Holy Trinosophia*, *The Sophia Teachings*, *The Mystery, Biography, and Destiny of Mary Magdalene*, *Elijah Come Again*, *Chronicle of the Living Christ*, *Hermetic Astrology* volumes 1 & 2, *The Star of the Magi and the Life of Christ*, *The Christ Mystery*, *The Sign of the Son of Man in the Heavens*, *Prophecy-Phenomena-Hope* and *Cultivating Inner Radiance & the Body of Immortality*. Robert is co-author with Kevin Dann of *Christ and the Maya Calendar* and *The Astrological Revolution*, with Lacquanna Paul of *Cosmic Dances of the Zodiac* and *Cosmic Dances of the Planets*, and with Estelle Isaacson of *Gautama Buddha's Successor* and *The Mystery of Sophia*. He is also consulting editor of the yearly *Star Wisdom Journal* with monthly ephemerides—planetary movements (geocentric & heliocentric)—with monthly commentaries for the year, and with many articles of interest by Robert and other authors. He translated the spiritual classic *Meditations on the Tarot* and co-translated Valentin Tomberg's *Lazarus, Come Forth!* He teaches a gentle form of healing movement: the sacred dance of eurythmy (Greek: *harmonious movement*) as well as the cosmic dances of the planets and signs of the zodiac. Through the Sophia Grail Circle he facilitates sacred celebrations dedicated to the Divine Feminine. Robert offers workshops in Europe each summer. With Karen Rivers, cofounder of the Sophia Foundation, he leads pilgrimages to the world's sacred sites (1996 Turkey; 1997 Holy Land; 1998 France; 2000 Britain; 2002 Italy; 2004 Greece; 2006 Egypt; 2008 India; 2009 Turkey; 2010 Grand Canyon; 2012 South Africa; 2014 Peru; 2016 Holy Land; 2018 Bali).

Websites: www.sophiafoundation.org / www.astrogeographia.org / www.steinerbooks.org / www.sophiaschoolofmovement.org

SEE SEPARATE BROCHURE (www.sophiafoundation.org) FOR THE FOUNDATION STONE OF LOVE SEMINAR FROM 6-12 AUGUST 2023, AT THE SAME LOCATION AT OASI SACRO CUORE, IMMEDIATELY PRECEDING THIS SEMINAR, MAKING IT EASY TO PARTICIPATE IN BOTH SEMINARS.

See below registration information and further details concerning cost, accommodation and registration

TRAVEL:

Train: 2 hours from Rome, or about 3 hours from Florence, to Assisi-S. Maria degli Angeli railway station. From Sant'Egidio airport (Perugia) to Assisi takes less than ½ hour. Here with some links:

- [How to reach Assisi by car](#)
- [How to reach Assisi by Train](#)
- [How to reach Assisi by Air](#)

Arrival on Sunday, 13 August in time for dinner at 19:00 (7:00 pm).

Accommodation and seminar at the "Oasi del Sacro Cuore" Retreat Centre, Viale Vittorio Emanuele II, 5, Assisi. The Retreat Centre is just in front of the bus stop directly connecting to the Assisi train station, and to the upper historic centre of Assisi.

Free private parking. Map: <https://goo.gl/maps/nZZiYtZeoH2>

Oasi del Sacro Cuore Retreat Centre is situated in a large and beautiful garden, with olive trees opening onto the road to San Damiano (5 minute walk), and also Saint Clare's Basilica is a 10 minute walk. No evening closing time. Departure on Saturday, 19 August after breakfast. (Breakfast is from 7:30 am).

COSTS 2023

**COST OF COURSE WITHOUT ACCOMMODATION AND WITHOUT MEALS: EURO 350
PAYMENT OF EURO 350 IS DUE UPON ARRIVAL IN ASSISI ON SUNDAY, 13 AUGUST.**

IF YOU HAVE FURTHER QUESTIONS, PLEASE CONTACT UBERTA SEBREGONDI:

Phone from USA: 01139-335-674-9935, from Europe: 0039-335-674-9935,

EMAIL: usebregondi@gmail.com

REGISTRATION FORM FOR THE COURSE 13-19 August 2023

Name:

Address:

Phone number and email address;

Amount due on 14 August for the course: EURO 350

Send registration form to Uberta Sebregondi: viale Guglielmo Massaia 18, Sc. N/1, 00154 Roma, Italy. Tel: +39-06-45544847, Mobile: +39-335-6749935 (39 is the country code for Italy). Email: usebregondi@gmail.com

FOR THOSE STAYING AT "OASI DEL SACRO CUORE" Viale Vittorio Emanuele II, 5, 06081 Assisi, Italy:
<http://www.oasisacrocuoreassisi.com/>

DAILY RATES 2023 — per person/per day —

Half board: € 50

Full board: € 57

SEE SEPARATE BROCHURE (www.sophiafoundation.org) FOR THE FOUNDATION STONE OF LOVE WEEK FROM 6-12 AUGUST, AT THE SAME LOCATION, AT OASI DEL SACRO CUORE, PRECEDING THIS SEMINAR, MAKING IT EASY TO PARTICIPATE IN BOTH SEMINARS.

Assisi is located on a natural terrace facing south-west, which gives us enchanting sunsets and a wide view of the summer constellations, which is also suitable for Stargazing (weather permitting)— central to both 2023 Assisi seminars.