

# *Choreocosmos Week 2023*

**With Cosmic Dances of the Planets in the Signs of the Zodiac  
Celebrating the Mysteries of the Bride of the Lamb, Mary Sophia**

**Workshop with Robert Powell**

**Sunday, 30 July–Saturday, 5 August 2023**

**Theme: Cosmic Dances of the *Liturgy to Mary Sophia*  
A Gathering of the Choreocosmos School**

**at the Spa Hotel CASA DI SALUTE RAPHAEL,  
RONCEGNO near TRIENT/TRENTO, ITALY**

“In eurythmy we are renewing the primeval temple dance of the mysteries, the mirroring of the dance of the stars...of that which was spoken...from heaven down to human beings. One must once again discover the potential of really seeking the inner meaning in the corresponding gestures out of the essence of spiritual knowledge.” (Rudolf Steiner)

## **CHOREOCOSMOS AS A PATH OF HEALING AND TRANSFORMATION**

“For creation waits with eager longing for the revealing of the sons and daughters of light”  
(based on a passage from the Bible—see Romans 8:19)

Awakened spiritual consciousness beholds a continual flow of energy between the Cosmos, the Sun, and the Earth. This energy comprises cosmic light, life, and love. Ultimately, Divine Love is the source of all existence. Through the harmonious rhythms and sacred geometry of the cosmic dances, we are able to align in heart and mind, body and soul, with the creative forces of the cosmos—the Divine Love and Supreme Consciousness that pervade all existence. The spiritual mission of human beings is to become awakened “sons and daughters of light,” becoming vessels for the healing power of love streaming through the cosmos and throughout all of creation. “Becoming vessels for Divine Love is the spiritual ideal of the Choreocosmos School of Cosmic and Sacred Dance” (Robert Powell). At this gathering, as well as working with cosmic dances to celebrate the *Liturgy to Mary Sophia*, we shall also explore the foundations of Choreocosmos as a spiritual path grounded in Divine Love—a path of healing and transformation for human beings and for the Earth. Love purifies the will. And Christ is Divine Love. In His own words: “You may know the Love that I AM by knowing My Bride, Holy Sophia, who is Wisdom...She shall make Herself known by certain gestures” (Robert Powell & Estelle Isaacson, *The Mystery of Sophia*, p. 96).

**Live piano music for the gathering will be played by concert pianist Fabio Berellini.**

**Languages spoken by Robert at this Choreocosmos gathering: English and German, with translation into Italian by Uberta Sebregondi. The goal is to be truly international, and the arrangement with three languages (English, German, Italian) is a step toward bridging cultures in a cosmopolitan way. The language of Choreocosmos is universal—Cosmic Dance being an expression of and a development from eurythmic movement and gesture (the Greek word *Eurythmy* signifies “beautiful or harmonious movement”)—a cosmic language.**

*[See separate announcements concerning the two Assisi Weeks immediately following the week in Roncegno]*

**CHOREOCOSMOS WEEK 2023**  
**CASA DI SALUTE RAPHAEL, RONCEGNO, ITALY**  
**Sunday, 30 July–Saturday, 5 August 2023**

Located in the Trentino Alps, about ½ hour south-east of Trient/Trento, the Casa di Salute Raphael is a spa hotel which is responsible for the medicinal application of the famous Levico water spoken of by Rudolf Steiner as being imbued with cosmic forces. The medical doctors running the hotel work on the basis of Rudolf Steiner's indications, and therapies include eurythmy, massage, bathing in the Levico water, etc. The hotel is in a beautiful location and has a large hall suitable for cosmic dance. Everyone attending this International Choreocosmos Week should plan to arrive at Casa di Salute on Sunday, 30 July, in time for dinner at 7:00 PM. Departure after breakfast on the morning of Saturday, 5 August.

**DAILY PROGRAM: MONDAY–FRIDAY, 31 JULY–4 AUGUST 2023**

(In English and German, with translation into Italian by Uberta Sebregondi)

8:00–9:00 AM	Breakfast
9:00–9:30 AM	Morning Meditation in Eurythmy and other Meditations
9:30–10:45 AM	Cosmic Dances of the <i>Liturgy to Mary Sophia</i>
11:15 AM–12:30 PM	Sophia Studies and Foundations of Choreocosmos
1:00–2:00 PM	Lunch
3:00–4:15 PM	Sophia Studies and Foundations of Choreocosmos
4:45–6:00 PM	Cosmic Dances of the <i>Liturgy to Mary Sophia</i>
6:00–7:00 PM	Break
7:00–8:30 PM	Dinner
8:30–10:00 PM	Celebrations (Mon. & Wed.) / <i>Liturgy to Mary Sophia</i> (Fri.)

On Friday evening we shall celebrate the *Liturgy to Mary Sophia*, moving to the cosmic dances we have learned during the week. In addition to this closing celebration on Friday evening, there will be two additional celebrations, with music, during the week—one on Monday evening and one on Wednesday evening—however, without eurythmy/cosmic dance.

**Robert Powell, PhD** is an internationally known lecturer, author, eurythmist and movement therapist. He is founder of the Choreocosmos School of Cosmic and Sacred Dance, and cofounder of the Sophia Foundation of North America. He received his doctorate from the Polish Academy of Sciences for his thesis on the *History of the Zodiac*, now available as a book from Sophia Academic Press. His published works include: *The Sophia Teachings*, a six-tape series (Sounds True Recordings), as well as the following books: *Divine Sophia-Holy Wisdom*, *The Most Holy Trinosophia*, *The Sophia Teachings*, *The Mystery, Biography, and Destiny of Mary Magdalene*, *Elijah Come Again*, *Chronicle of the Living Christ*, *Hermetic Astrology* volumes 1 & 2, *The Star of the Magi and the Life of Christ*, *The Christ Mystery*, *The Sign of the Son of Man in the Heavens*, *Prophecy-Phenomena-Hope* and *Cultivating Inner Radiance & the Body of Immortality*. Robert is co-author with Kevin Dann of *Christ and the Maya Calendar* and *The Astrological Revolution*, with Lacquanna Paul of *Cosmic Dances of the Zodiac* and *Cosmic Dances of the Planets*, and with Estelle Isaacson of *Gautama Buddha's Successor* and *The Mystery of Sophia*. He is also consulting editor of the yearly *Star Wisdom Journal* with monthly ephemerides—planetary movements (geocentric & heliocentric)—with monthly commentaries for the year, and with many articles of interest by Robert and other authors. He translated the spiritual classic *Meditations on the Tarot* and co-translated Valentin Tomberg's *Lazarus, Come Forth!* He teaches a gentle form of healing movement: the sacred dance of eurythmy (Greek: *harmonious movement*) as well as the cosmic dances of the planets and signs of the zodiac. Through the Sophia Grail Circle he facilitates sacred celebrations dedicated to the Divine Feminine. Robert offers workshops in Europe and elsewhere. With Karen Rivers, cofounder of the Sophia Foundation, he leads pilgrimages to sacred sites (1996 Turkey; 1997 Holy Land; 1998 France; 2000 Britain; 2002 Italy; 2004 Greece; 2006 Egypt; 2008 India; 2009 Turkey; 2010 Grand Canyon; 2012 South Africa; 2014 Peru; 2016 Holy Land; 2018 Bali).

Websites: [www.sophiafoundation.org](http://www.sophiafoundation.org) / [www.astrogeographia.org](http://www.astrogeographia.org) / [www.steinerbooks.org](http://www.steinerbooks.org) / [www.sophiaschoolofmovement.org](http://www.sophiaschoolofmovement.org)

**COSTS OF THE INTERNATIONAL CHOREOCOSMOS WEEK**

**A: COST OF COURSE INCLUDING ACCOMMODATION FOR SIX NIGHTS AND ALL MEALS AT CASA DI SALUTE RAPHAEL:**

**830 Euro double room; 890 Euro single room**

**B: COST OF INDIVIDUAL MEALS AT CASA DI SALUTE RAPHAEL:**

**30 Euro per meal**

**C: COST OF COURSE WITHOUT ACCOMMODATION AND WITHOUT MEALS:**

**350 Euro**

**AS THIS SEMINAR IS TAKING PLACE DURING THE HIGH SEASON, EARLY REGISTRATION (BEFORE JUNE/JULY) IS RECOMMENDED. A PLACE WILL BE RESERVED FOR YOU UPON RECEIPT OF THE REGISTRATION FORM BELOW.**

**IF YOU HAVE FURTHER QUESTIONS, PLEASE PHONE OR EMAIL SALLY ELLIS-JONES,**

**MOBILE PHONE: +39-348-210-6251 [country code for Italy: 39]**

**EMAIL: [sally.ellis.jones@gmail.com](mailto:sally.ellis.jones@gmail.com)**

**REGISTRATION FORM  
INTERNATIONAL CHOREOCOSMOS WEEK  
30 JULY—5 AUGUST 2023**

**Name**

**Address**

**Phone number**

**Cost (please indicate A, B or C):**

**Total:**

**Amount due on 30 July:**

*Please send your registration form to: Sally Ellis-Jones, Email: [sally.ellis.jones@gmail.com](mailto:sally.ellis.jones@gmail.com)  
Via della Polla 44, 38052 Caldonazzo (TN), Tel: +39-0461-724893 Cell: +39-348-2106251*

***[See separate announcements on the Sophia Foundation website [www.sophiafoundation.org](http://www.sophiafoundation.org) concerning the two Assisi Weeks immediately following the week in Roncesgno]***