

2025 CHOREOCOSMOS WORKSHOP PRESENTED BY Dr. ROBERT POWELL—IN HONOR OF THE 100th ANNIVERSARY OF THE DEATH OF RUDOLF STEINER IN THE YEAR 1925.

The location of the workshop is in Tumbaco, Quito and it will take place April 12-20 during the Easter Week of 2025:

[1] Daily Choreocosmos Classes will be celebrating the Circle of Life—Ascent and Descent—in the Life after Death:

The Journey of the Ascent of the Soul (Jacob's Ladder) in the Life after Death & the Journey of the Soul into Incarnation—musical accompaniment: pianist Clair Hiles

[2] Commemorating the 100th Anniversary of the death of Rudolf Steiner in 1925: In his daily talks on this theme Dr. Robert Powell will provide substantial background to his conclusion that Rudolf Steiner—one of the most enlightened human beings ever to incarnate upon planet Earth—was one of the *twelve great teachers* of humanity, who was sent by Christ to incarnate upon the Earth in order to prepare human beings for Christ's second coming, which Rudolf Steiner indicated would begin in the 1930's.

[1] is envisaged as a preparation for [2].

Arrival date: Saturday, April 12, in time for dinner at 7 pm. Overview and introductions after dinner.

[1] Workshop: Jacob's Ladder, the Ascent through the Planetary Spheres, followed by the Descent of the Soul into Incarnation returning back down through the Planetary Spheres to incarnate upon the Earth.

Sunday-Tuesday, April 13-15, Cosmic Dances of Jacob's Ladder

Thursday-Saturday, April 17-19, Cosmic Dances of the Journey of the Soul into Incarnation.

Easter Sunday, Apr. 20, Cosmic Dances of Jacob's Ladder and the Journey of the Soul into Incarnation in Celebration of the Cosmic Circle—Ascent and Descent—in the Life after Death in Honor of Rudolf Steiner (1861-1925)

Wednesday, Apr. 16 excursion to the Center of the World and to the nearby Inca Sun Temple.

Departure on Sunday afternoon, Apr. 20, OR: Departure on Monday morning, Apr. 21.

Details below concerning location and costs:

The workshop will take place at the Zen Meditation Center—**Centro de Desarrollo Integral (CDI)**—in Tumbaco, about ½-hour taxi drive from Quito International Airport. The main accommodation will be at the Ilaló Garden Hotel near the Zen center (CDI). Ilaló Garden Hotel is also about ½-hour taxi ride from Quito International Airport.

Tripadvisor link to Ilalo Garden Hotel: https://www.tripadvisor.com/Hotel_Review-g6589668-d14134047-Reviews-Ilalo_Garden_Hotel_Restaurant-Tumbaco_Quito_Pichincha_Province.html

It is important, because of limited accommodation, to make your reservation at the

hotel as soon as possible. In making your reservation, it is often the case that one needs to pay an advance deposit to secure one's room booking. When you make your reservation at the Ilaló Garden Hotel, please indicate to the hotel that you are with the group of Robert Powell *in order to obtain the group discount*. Breakfast is provided at the hotel. Lunch and dinner will be at the Zen Center (CDI).

In the event that the Ilaló Garden Hotel is full, there may be some Airbnb accommodation in Tumbaco. For a few people there is also some less expensive accommodation available at the Zen Center (CDI). For those staying at the Zen Center, all meals— breakfast, lunch, and dinner—will be there.

For those staying at the Zen Center or anywhere else, as well as for those staying at the Ilaló Garden Hotel, it is important to notify Kristina Grossner by email or by phone that you are coming to the workshops —

Phone: +593 96 264 7094

Email: kis-t@web.de

This is important so that we can know exactly who is attending. Also, when you have booked your flights, please let Kristina know your flight details, especially when your flight will be arriving at Quito International Airport, so that it can be arranged for a taxi to meet you at the airport to drive you to the hotel—or to the Zen Center for those staying there. The taxi fare will be approximately \$20. Note for those staying at the hotel, it would be better to request that the hotel organizes a taxi to meet you at the airport.

In booking your hotel stay and your flight to Quito, obtaining trip cancellation insurance is recommended.

Kristina is helping with the organization of the workshop and she can also help in answering questions concerning practical details. And for Spanish speakers attending who are not fluent in English, Rosario Wright has offered to translate, as she did at the previous workshop in Quito during the Holy Nights 2023/2024.

Rosario Wright

Email: vilcabamba15@gmail.com

As with the previous Quito workshop, pianist Clair Hiles is coming from England to play the extraordinary Beethoven compositions for the Easter week workshop from April 12 to April 20, 2025.

Our goal is to create together an experience through music and movement of the Circle of Life—the descent into incarnation preceding birth and the ascent back to heavenly realms in the life after death—and also to celebrate in a worthy way the one-hundred-year anniversary of Rudolf Steiner's death on March 30, 1925, six days prior to the start of Easter week on April 5 (Palm Sunday) of the year 1925. As Robert will elucidate during his presentations, Rudolf Steiner in his life's work prepared for Christ's second coming, pointing to its significance for the whole future of humanity and the Earth.

In our time together from Sunday morning, April 13 (Palm Sunday) until Sunday morning April 20 (Easter Sunday), we shall experience through cosmic eurythmy (choreocosmos) ever more deeply these two parts of the great Circle of Life: *Jacob's Ladder, the Ascent of the Soul through the Planetary Spheres in the life after death*, followed by the *Journey of the Soul into Incarnation, the Descent of the Soul back down through the planetary spheres—returning into earthly incarnation*. During these workshops it will become a matter of experience how the Circle of Life, by way of preparation, leads into a profound experience of Christ's second coming arising through His Ascension followed by His Descension to unite Himself again with humanity and the Earth.

More details concerning Christ's renewed presence (Greek: *parousia*) in the ethereal form of His resurrection body will be given during this workshop, whereby it will emerge that eurythmy (choreocosmos) offers humanity a path for entering into connection with the manifestation of the Etheric Christ at this time of His second coming.

COST OF SEMINARS WITHOUT ACCOMMODATION AND WITHOUT MEALS: \$480. PAYMENT OF \$480 CAN BE MADE IN ADVANCE OR IS DUE UPON ARRIVAL AT THE WORKSHOP.

AS INDICATED ABOVE, BECAUSE OF LIMITED ACCOMMODATION, IT IS RECOMMENDED THAT YOU MAKE YOUR RESERVATION AT THE HOTEL AS SOON AS POSSIBLE. IN MAKING YOUR RESERVATION AT THE ILALO HOTEL, IT IS USUAL TO PAY AN ADVANCE DEPOSIT TO SECURE YOUR ROOM BOOKING. WHEN MAKING YOUR RESERVATION AT THE ILALO GARDEN HOTEL, IN ORDER TO SECURE A 20% DISCOUNT, PLEASE INDICATE TO THE HOTEL THAT YOU ARE WITH THE GROUP OF ROBERT POWELL.

BREAKFAST IS INCLUDED AND IS PROVIDED AT THE HOTEL. THE DAILY COST OF LUNCH AND DINNER AT THE ZEN CENTER IS \$19.

FURTHER INFORMATION IS PROVIDED UNDER **DETAILS** (SEE BELOW).

IF YOU ARE INTERESTED IN STAYING AT THE ZEN CENTER, PLEASE CONTACT ROSARIO OR KRISTINA AS SOON AS POSSIBLE, GIVEN THE LIMITED ACCOMMODATION AVAILABLE THERE.

Because of the potential significance of this event—in proximity to the **Center of the**

World at this special time of the **100th Anniversary of the death of Rudolf Steiner: the proclaimer of Christ's Second Coming**—it is possible that there may be some challenges encountered such as I have described in the series of more than 200 podcasts begun around the time characterized on the heavenly level by the geocentric Jupiter-Saturn conjunction in Capricorn on December 21, 2020.

In the podcasts, I have endeavored to illumine from a spiritual perspective what began in earthly history at that time. Now knowing from *experience* something of the true nature of what humanity and the Earth in the wake of the 2020 solstice geocentric

conjunction of Jupiter and Saturn in Capricorn has been through, there is a sense of knowing regarding what is at stake for the future of humanity and the Earth.

This is what our gathering in Tumbaco, Quito, is about: it is to affirm that Christ is the true guide of humanity, *who stands by every human being*, and for those *who in freedom turn to Him offers help and guidance through these challenging times*. Indeed, if He is asked, *He offers also the priceless gift of His Divine Mercy*.

Moreover, now Christ, the Lamb, is working ever more strongly with Sophia, the Bride of the Lamb. Together with Christ and Sophia, our will is firm that the planned *celebration of the Sacred Union of the Lamb and His Bride* is not just for our own sake, but is intended to be on behalf of humanity and the Earth.

Our goal is to come together in Tumbaco, Quito, united in these words from the closing part of the meditation given by Rudolf Steiner at Christmas 1923, known as the *Foundation Stone of Love*: “That GOOD may become what from our hearts we found and from our minds direct with single purpose.”

With heartfelt greetings and warmest good wishes, Robert. *Robert Powell, PhD, cofounder—together with Karen Rivers, PhD—of the Sophia Foundation and founder of the Choreocosmos School of Cosmic and Sacred Dance.*

From Rosario, concerning translation into Spanish of the lectures that will be presented:

Robert will be offering much regarding the now heightened struggle between good and evil. This has been the central theme in his more than 200 podcasts posted on the Sophia School of Movement website. And at the upcoming event in Tumbaco, Quito, from April 12 to April 20, 2025, he will be offering much more concerning the significance of the Andean spiritual awakening, heralding the awakening of the Earth Mother, touching also upon the significance of the Quito meridian and the coming Age of Aquarius. I shall be offering short summaries in Spanish rather than an exact word-for-word translation from English into Spanish. Nevertheless, it is our hope that through the Spanish translation, Spanish speakers will be able to grasp the full importance of what Robert will be communicating.

DETAILS

See attached ***Ilaló Garden Hotel Welcome Letter*** for a description of the hotel and of rooms offered to the *Robert Powell group* at 20% discount. To make sure of this discount, when booking accommodation at the hotel, refer to yourself as belonging to the *Robert Powell group*.

Accommodation at the Ilaló Garden Hotel:

(a) arrival on April 12 and departure on the afternoon or evening of April 20 = 8 nights

(b) arrival on April 12 and departure on April 21, 2025 = 9 nights

Hotel room costs per night (incl. breakfast) in US\$: \$61.11 for one person (less 20% discount) = \$48.89 and \$94.44 for two persons (less 20% discount) = \$75.55

The cost of transfer from Quito International Airport to the hotel by taxi is approximately \$20, whereby, if you request this, the hotel can arrange for a taxi driver

to meet you emerging through the arrivals gate, by holding up a placard with your name on it.

Meal costs in addition to the hotel cost:

Lunch (\$12 per day at the Zen Center), and

Dinner (\$7 per day at the Zen Center) amounts to a total of \$19 per day in addition to the hotel room cost.

Accommodation at the Zen Center (CDI) There are three possibilities:

(1) communal accommodation in 3 bedrooms, with 3 to 4 people in each bedroom for \$12 per night each (2) an individual room is available with one bed (or two beds for a couple) for \$20 per night

(3) a suite for a couple—a small apartment with bedroom, bathroom, and small living room—for \$25 per night.

In addition to the accommodation cost, the meal costs—breakfast (\$6), lunch (\$12), and dinner (\$7)— at the Zen Center amount to \$25 per day.

Please let Rosario know if you would be interested in this accommodation possibility at the Zen Center.

Robert Powell, PhD, is an internationally known lecturer, author, eurythmist, and movement therapist. He is founder of the Choreocosmos School of Cosmic and Sacred Dance, and cofounder of the Sophia Foundation of North America. He received his doctorate from the Polish Academy of Sciences for his thesis *History of the Zodiac*, available as a book from Sophia Academic Press. He has written many books, including *Chronicle of the Living Christ*, published in 1996, which for the first time in the history of Christianity gives the exact dates of the life of Christ. Visit www.sophiafoundation.org and www.sophiaschoolofmovement.org

Clair Hiles, concert pianist, after performing Beethoven's 1st Piano Concerto at Cambridge University, went on to study with world-renowned pianist Seymour Bernstein in New York City. Since then she has played at various places, including locations in Australia, Europe and the United States. Among numerous master pieces composed for piano, she has played Beethoven's last three piano sonatas at several concerts. She lives in Bristol, England, teaching, performing, and accompanying.

Quotations:

“Through the experience of evil it will be possible for the Christ to appear again.” Rudolf Steiner, *Complete Works*, vol. 185, lecture of 25 October 1918.

On 26 December 1923, Rudolf Steiner referred to the words of the *Foundation Stone of Love* as “spoken from the World Word”— that is, from Christ (“the World Word”). *Complete Works*, vol. 260.

Practical considerations (see below):

Check weather reports for Quito before traveling, in order to decide upon *appropriate clothing to wear*.

Appropriate clothing for cosmic and sacred dance (eurythmy): If you have a eurythmy gown—or eurythmy gown and veil—this would be ideal for the choreocosmos movement activity. Choreocosmos focuses upon the cosmic and sacred aspects of eurythmy, which is a new art of movement brought into the world by Rudolf Steiner during the period 1912-1924. If you do not have a eurythmy gown, it is recommended to wear light clothing suitable for the gentle movement of eurythmy. For this kind of movement it is also good to wear eurythmy shoes or light gymnastic shoes, or other appropriate shoes. It is also possible to move bare foot on the beautiful wooden floor of the Zen Center (CDI).

Exploring Ecuador (see below):

For those visiting Ecuador for the first time, if you would have time before or after the end of the workshop, one possibility would be to consult travel guides in order to ascertain if there might be other destinations in Ecuador worth visiting.

For example, Papallacta healing hot springs resort is about one hour's drive from Quito Airport and it is also about one hour's drive from Tumbaco. Papallacta, which Robert has determined—among all the places that he has been able to investigate hitherto—to have the third highest energy level water in the world, after Collevaenza, Italy, and Gangotri, the source of the River Ganges in the Himalayas. Like Collevaenza water and Gangotri water, Papallacta water has remarkable healing properties.