

Choreocosmos Week 2026

THE NINE BEATITUDES OF CHRIST

with Cosmic Dance and Sophia Grail Circle

Sunday, 6 September-Saturday, 12 September 2026

**at the Spa Hotel CASA DI SALUTE RAPHAEL,
RONCEGNO near TRIENT/TRENTO, ITALY**

The Gospel of St. Matthew expresses with majestic grandeur the effect of the Christ power in the ninefold nature of the human being. The nine Beatitudes, relating to the nine members of the human being, show how the 'I', when filled with Christ, works in the different members and brings them blessedness.
(Rudolf Steiner)

The nine Beatitudes spoken by Christ at the Sermon on the Mount, as recorded in the Gospel of St. Matthew, form the foundation of the School of Christ of esoteric Christianity. The nine Beatitudes, when penetrated in their majesty and profundity, comprise a path of cosmic initiation under Christ's guidance. In this workshop we shall approach the nine Beatitudes from various perspectives, including working with the nine Beatitudes in cosmic and sacred dance. Cosmic dance is rooted in the mystery temples of antiquity where the ancient temple dances were central to the path of initiation. On the path of cosmic initiation, cosmic dance offers the possibility of coming into an ever-deeper relationship with the cosmos – with the Sun, the Moon, the planets belonging to our solar system, and with the distant stars and star formations comprising the signs of the zodiac. It is a matter of cultivating a conscious relationship to the cosmos, whereby the cosmic dance of eurythmy proves to be invaluable in bringing oneself – as an individual or in a group – into connection with the cosmos. The cosmic dance of eurythmy provides an opportunity for meditative movement for each planet in each sign of the zodiac.

There is a statement made by Rudolf Steiner to the Russian eurythmist Tatiana Kiselev: "If you take on leading the Eurythmy here [in Dornach], then I am certain that... you will give it [Eurythmy] its cosmic-sacral background and you will be able to maintain this." In our Eurythmy activity as both Cosmic and Sacred Dance we cultivate the **cosmic-sacral** side of Eurythmy, which Rudolf Steiner regarded as being particularly significant. Through Rudolf Steiner's statement to Tatiana Kiselev, it is evident that there is a Cosmic-Sacral background to Eurythmy in addition to the Artistic, Pedagogical, and Therapeutic Eurythmy that he developed between 1912 and 1924.

Conversation and presentations on the theme will complement the cosmic and sacred dance. The focus of this seminar will be especially upon the words spoken by Christ on the Mount of the Beatitudes (Matthew 5). His words reveal the glory of the transfigured human being of the future permeated in his ninefold constitution by the Christ-impulse. "Fulfil your task" is the actual content of the Nine Beatitudes, opening the path to the new age of the Holy Spirit.

Live piano music for the gathering will be played by concert pianist Fabio Berellini.

Languages spoken at this Choreocosmos gathering: Italian, English and German, with presentation in Italian by Uberta Sebregondi, and the possibility of English/German translation. The goal is to be truly international, and the arrangement with three languages (Italian, English, German) is a step toward bridging cultures in a cosmopolitan way. The language of Choreocosmos is universal—Cosmic Dance being an expression of and a development from eurythmic movement and gesture (the Greek word *Eurythmy* signifies "beautiful or harmonious movement")—a cosmic language.

See daily program and workshop details on next page—

CHOREOCOSMOS WEEK 2026
CASA DI SALUTE RAPHAEL, RONCEGNO, ITALY
Sunday, 6 September–Saturday, 12 September 2026

Located in the Trentino Alps, about ½ hour south–east of Trient/Trento, the Casa di Salute Raphael is a spa hotel which is responsible for the medicinal application of the famous Levico water spoken of by Rudolf Steiner as being imbued with cosmic forces. The medical doctors running the hotel work on the basis of Rudolf Steiner’s indications, and therapies include eurythmy, massage, bathing in the Levico water, etc. The hotel is in a beautiful location and has a large hall suitable for cosmic dance.

Everyone attending this Choreocosmos Week should plan to arrive at Casa di Salute on Sunday, 6 September, in time for dinner at 7:00 PM. Departure after breakfast on the morning of Saturday, 12 September.

DAILY PROGRAM: MONDAY–FRIDAY, 7–11 SEPTEMBER 2025

(presentation in Italian by Uberta Sebregondi, and the possibility of English/German translation)

8:00–9:00 AM	Breakfast
9:00–9:30 AM	Morning Meditation in Eurythmy and other Meditations
9:30–10:45 AM	Cosmic Dances
11:15 AM–12:30 PM	Study relating to the theme
1:00–2:00 PM	Lunch
3:00–4:15 PM	Study relating to the theme
4:45–6:00 PM	Cosmic Dances
6:00–7:00 PM	Break
7:00–8:30 PM	Dinner
8:30–10:00 PM	Celebrations with Music (Mon. & Wed. & Fri.)

On Friday evening we shall celebrate the *9 Beatitudes of Christ*, moving to the cosmic dances we have learned during the week. In addition to this closing celebration on Friday evening, there will be two additional evening celebrations, with music, during the week (on Monday and Wednesday).

Uberta Sebregondi studied since childhood the art of *movement* (Accademia Nazionale di danza, modern dance, Feldenkrais), finding a fulfilment, through Eurythmy (*Goetheanum* diploma), in the deepening of Robert Powell’s School of Cosmic and Sacred Dance (*Choreocosmos* diploma). She was also active in the *therapeutic* field (training in Jungian psychotherapy; diploma in Herbal Medicine from the University of Siena), the *social* field (diploma in Steiner Education and ten years’ work in children’s centres) and the *environmental* field (12 years in Tuscany in the biodynamic agriculture movement). For 26 years she translated into Italian all of the seminars held by Robert Powell in Italy, and the practical workbooks for his Choreocosmos School. Currently living in Rome, gives theoretic/practical courses on the cosmic and sacral aspects of Eurythmy.

Robert Powell, PhD, founder of the Choreocosmos School of Cosmic and Sacred Dance, is an internationally known lecturer, author, eurythmist and movement therapist. He is cofounder of the Sophia Foundation of North America. He received his doctorate from the Polish Academy of Sciences for his thesis on the *History of the Zodiac*, now available as a book from Sophia Academic Press. His published works include: *The Sophia Teachings*, a six-tape series (Sounds True Recordings), as well as the following books: *Divine Sophia-Holy Wisdom*, *The Most Holy Trinosophia*, *The Sophia Teachings*, *The Mystery, Biography, and Destiny of Mary Magdalene*, *Elijah Come Again*, *Chronicle of the Living Christ*, *Hermetic Astrology* volumes 1 & 2, *The Star of the Magi and the Life of Christ*, *The Christ Mystery*, *The Sign of the Son of Man in the Heavens*, *Prophecy-Phenomena-Hope* and *Cultivating Inner Radiance & the Body of Immortality*. Robert is co-author with Kevin Dann of *Christ and the Maya Calendar* and *The Astrological Revolution*, with Lacquanna Paul of *Cosmic Dances of the Zodiac* and *Cosmic Dances of the Planets*, and with Estelle Isaacson of *Gautama Buddha’s Successor* and *The Mystery of Sophia*. He was editor for many years of the yearly *Star Wisdom Journal* with monthly ephemerides—planetary movements (geocentric & heliocentric)—with monthly commentaries for the year, and with many articles of interest by Robert and other authors. He translated the spiritual classic *Meditations on the Tarot* and co-translated Valentin Tomberg’s *Lazarus, Come Forth!* He teaches a gentle form of healing movement: the sacred dance of eurythmy (Greek: *harmonious movement*) as well as the cosmic dances of the planets and signs of the zodiac. Through the Sophia Grail Circle he facilitates sacred celebrations dedicated to the Divine Feminine. Robert offers workshops in Europe and elsewhere. With Karen Rivers, cofounder of the Sophia Foundation, he leads pilgrimages to sacred sites (1996 Turkey; 1997 Holy Land; 1998 France; 2000 Britain; 2002 Italy; 2004 Greece; 2006 Egypt; 2008 India; 2009 Turkey; 2010 Grand Canyon; 2012 South Africa; 2014 Peru; 2016 Holy Land; 2018 Bali). No further pilgrimages since the Covid Lockdown. Websites: www.sophiafoundation.org/ / www.sophiaschoolofmovement.org/ / <https://steinerbooks.org/search?q=Robert+Powell&options%5Bprefix%5D=last>

COSTS OF THE INTERNATIONAL CHOREOCOSMOS WEEK

A: SINGLE ROOM, FULL BOARD: 105 € PER NIGHT (only 15 singles available)

B: DOUBLE ROOM, FULL BOARD: 95 € PER NIGHT PER PERSON

C: DOUBLE ROOM USED AS A SINGLE: 125 € PER NIGHT

COURSE FEE: 400 €

6 NIGHTS IN SINGLE ROOM AND COURSE FEES: 1.030 € (only 15 singles available)

6 NIGHTS IN DOUBLE ROOM AND COURSE FEES: 970 €

6 NIGHTS IN DOUBLE ROOM USED AS A SINGLE AND COURSE FEES: 1.150 €

Externals are welcome. Please contact me—Sally—early if you would like assistance in finding other accommodation.

Early booking is advisable.

MOREOVER, AS THIS SEMINAR IS TAKING PLACE DURING THE HIGH SEASON, EARLY REGISTRATION IS DEFINITELY RECOMMENDED. A PLACE WILL BE RESERVED FOR YOU UPON RECEIPT OF THE REGISTRATION FORM BELOW, PROVIDED THAT ROOMS WILL STILL BE AVAILABLE AT THE TIME WHEN YOUR REGISTRATION ARRIVES.

IF YOU HAVE FURTHER QUESTIONS, PLEASE PHONE OR EMAIL SALLY ELLIS-JONES,

MOBILE PHONE: +39-348-210-6251 [country code for Italy: +39]

EMAIL: sally.ellis.jones@gmail.com

**REGISTRATION FORM
INTERNATIONAL CHOREOCOSMOS WEEK
6—12 SEPTEMBER 2026**

Name

Address

Phone number

Cost (please indicate A or B or C):

Total:

Amount due on 6 September:

*Please send your registration form to: Sally Ellis-Jones, Email: sally.ellis.jones@gmail.com
Via della Polla 44, 38052 Caldonazzo (TN), Tel: +39-0461-724893 Cell: +39-348-2106251*

See separate brochure concerning the 1-week workshop 22-28 August in Assisi